

**CAMH, PRESIDENT & CEO SEARCH COMMITTEE MEMBERS****MEDHAT MAHDY, CAMH BOARD OF TRUSTEES – CHAIR**

Medhat Mahdy is the President and CEO of the YMCA of Greater Toronto and President of YMCA Ontario. He is driven to help the Y promote equity and boost well-being across the GTA, because he believes we owe every individual the opportunity to shine – physically, mentally, and socially.

Medhat has an extensive background in charitable sector leadership and has been involved with the YMCA for over 40 years as a member, volunteer, donor, and leader. He holds a Bachelor Degree from the University of Toronto and has received several designations from York University, McGill University, Harvard University, and Queen's University. Currently, Medhat is Chair of the Board of Trustees for the Centre for Addiction and Mental Health (CAMH).

An immigrant who was welcomed to Canada by the YMCA as a young man, Medhat lives in Toronto and is a husband, father, and grandfather. He is a classical music fan and tennis lover who started working at the YMCA of Greater Toronto in his early twenties as a part-time tennis coach.

**SUE ARMSTRONG, CAMH BOARD OF TRUSTEES**

Sue Armstrong retired from the financial services industry in 2018, having served most recently as President & CEO of CDSPI, an organization providing advisory, wealth management, insurance, and health and wellness services to the Canadian dental community.

During her career, she also served as Senior Vice-President of Swiss Reinsurance Company Canada, with previous roles at CIBC Insurance and Dominion of Canada General Insurance Company. Prior to her senior executive roles, Sue was a senior manager at PricewaterhouseCoopers' (PwC),

Sue currently serves on the Board of Directors of Lawyers' Professional Indemnity Company (LawPRO), chairing the Conduct Review Committee. She also serves on the boards of Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company, chairing the Audit and Conduct Review Committees. Previously, Sue served as director and Chair of the Audit Committee of McGraw-Hill Ryerson Limited, a public company in the educational publishing industry.

Sue has made a long-term volunteer commitment to Canadian healthcare. She recently completed her term on the Board of Directors of Michael Garron Hospital, having served as Chair for two years. Sue also serves as a director of West Park Healthcare Centre, as a member of the Corporate and Campus Development Committees. Previously, she served on the boards of the Toronto Rehabilitation Institute and the George Hull Centre for Children and Families, a children's mental health agency, which she chaired for three years.

Sue has been recognized by Chartered Professional Accountants of Ontario with the distinction of the FCPA designation for her corporate and community service. She also holds the ICD.D. designation from the Institute of Corporate Directors.

Active in organizations focused on networking and executive professional development, Sue is a member of Financial Executives International, International Women's Forum and Women Get on Board.

## VIRGINIA CIROCCO, CAMH BOARD OF TRUSTEES



Virginia Cirocco is a former senior executive with Shoppers Drug Mart, having retired in 2009 as Executive Vice President, Pharmacy.

She is a graduate of the Faculty of Pharmacy University of Toronto, holds an MBA from Schulich School of Business and has obtained the ICD.D designation from the Institute of Corporate Directors after completion of the Director Education Program through Rotman School of Business and the ICD.

Since her retirement, Virginia has provided consulting services to the pharmaceutical and distribution industry and currently sits on the board of Bayshore HealthCare. She has been active as a volunteer for many not-for-profit organizations. Virginia serves on the Dean's Advisory Committee and Campaign Cabinet, Faculty of Pharmacy, University of Toronto and has received their Arbor Award for volunteer service. She also serves as a Director, Israel Cancer Research Fund, and was Chair Fundraising Committee, Blueprint for Pharmacy, and a member of committees of the Centre for Addiction and Mental Health Foundation, Women's College Hospital and the Art Gallery of Ontario. She also supports Bridge to Health and has volunteered on their medical mission to Uganda.

## VIVIAN KOEN, CAMH BOARD OF TRUSTEES



Vivian Koen was the Vice President, Business Insights & Analytics for Scotiabank's Global Banking and Markets division. She has 20 years of experience in mergers and acquisitions, investment banking, and finance in Toronto and New York. Vivian's prior experience includes roles at global financial institutions, including RSA Canada, CIBC, Merrill Lynch and Morgan Stanley.

Vivian holds an MBA from the University of Chicago Booth School of Business, and a BS in economics from The Wharton School at the University of Pennsylvania. She is also a past board member of the Etobicoke Philharmonic Orchestra.

## DR. NOTISHA MASSAQUOI, CAMH BOARD OF TRUSTEES



Dr. Notisha Massaquoi is an Assistant Professor in the Department of Health and Society at the University of Toronto, Scarborough, with a graduate appointment in the Factor Inwentash Faculty of Social Work. She holds a BA in Psychology from Western University and an MSW and PhD in Social Justice Education from the University of Toronto.

Her early career established several organizations which served Black communities in Canada, including Africans in Partnership Against AIDS, Harambe Family Services, and Taibu Community Health Centre. She designed the health and research programs and served for two decades as the Executive Director of *Women's Health in Women's Hands Community Health Centre* in Toronto – the only Community Health Centre in North America, which provides specialized primary healthcare for Black and racialized women.

She has consulted globally on racism and its impact on workforces and is considered one of Canada's leading experts in developing equity responsive organizations. Her research and advocacy have pushed many Canadian

institutions to address Anti-Black racism and the collection of race-based data. She has served on the City of Toronto race-based data collection working group, and most notably, she co-chaired the Anti-Racism Advisory Panel of the Toronto Police Services Board. In this role, she was responsible for producing the first mandatory race-based data collection policy for a police service in Canada. Notisha served as a Board trustee for numerous health organizations, including the Canadian Foundation for AIDS Research, and the Stephen Lewis Foundation.

## **TOM MILROY, CAMH BOARD OF TRUSTEES**



Mr. Milroy is a director of Generation Capital Limited, a private family office located in Toronto. He is also a director of two public companies, APi Group (NYSE:APG) and Interfor Corporation (TSE:IFP).

Mr. Milroy has sat on the boards of numerous not-for-profit organizations and currently sits on the boards of CAMH Foundation, Century Initiative, and Evergreen.

Mr. Milroy worked for BMO Financial Group from 1993 to his retirement in 2015. From 2008 to 2014, Mr. Milroy served as CEO of BMO Capital Markets where he was responsible for all of BMO Financial Group's businesses involving corporate, institutional and government clients globally. In 2014, BMO Capital Markets had revenues in excess of \$3.7bn and net income of approx. \$1.1bn, and employed approximately 2400 people in Canada, the United States and international markets.

Prior to 1993, he spent 6 years working in the securities industry in Toronto and New York. He began his career practicing securities law in Toronto.

## **HOWARD SAPERS, CAMH BOARD OF TRUSTEES**



Howard Sapers experience includes work in public policy, with a focus justice, corrections, and accountability. He currently consults domestically and internationally on oversight, ombudsmanship, correctional practice and the intersection between mental health and criminal justice. Engagements have included work for provincial, territorial, and national governments and agencies, human rights organizations, NGOs, and professional associations.

Between 2004 and 2016 Howard Sapers was the Correctional Investigator of Canada. Mr. Sapers has served as the Executive Director of the John Howard Society of Alberta, an elected member of the Legislative Assembly of Alberta, Director of Canada's National Crime Prevention Centre Investment Fund and Vice Chairperson (Prairie Region) of the Parole Board Canada. Mr. Sapers is a Past President of the Canadian Criminal Justice Association, was a long serving member of the Board of Directors of the Forum of Canadian Ombudsman, and between 2012 and 2016, was a North American Regional representative to the International Ombudsman Institute. Mr. Sapers represented the community of small federal departments and agencies on the Government of Canada Small Department Audit Committee and was Chairman of the Department of National Defence/Canadian Forces Ombudsman Advisory Committee. In 2017, Mr. Sapers was appointed by the Ontario government to conduct a two-year independent review of Ontario Corrections that resulted in 3 major reports containing over 160 transformative recommendations

Mr. Sapers is an Adjunct Professor at Simon Fraser University's School of Criminology and a Visiting Professor at the University of Ottawa Department of Criminology. In 2016, he was awarded a Honourary Doctor of Laws from

the University of Ottawa. Mr. Sapers is currently a member of the Ryerson University Department of Criminology Advisory Council, on the Board of Trustees of the Centre for Addiction and Mental Health and a member of the Legal Aid Ontario Prison Law Advisory Committee. On April 15, 2021, the federal Minister of Public Safety and Emergency Preparedness appointed Mr. Sapers Chair of the Structured Intervention Units Implementation Advisory Committee.

### **DIONNE SINCLAIR, VICE PRESIDENT, CLINICAL CARE AND CHIEF NURSING EXECUTIVE, CAMH**



As the Vice President, Clinical Care and Chief Nurse Executive at the Centre for Addiction and Mental Health (CAMH), Dionne plays an integral part in helping the organization achieve its goals towards integrated and equitable care and supports for people with mental illness. She leads the program that supports those with the most complex illnesses and is dedicated to improving access to excellent patient-centred care so that people may live these best lives. Dionne brings high energy, a strong work ethic and a positive attitude to all that she does.

Dionne is also a member of the Registered Nurses' Association of Ontario (RNAO) Black Nurses task force and an active member of the College of Nurses of Ontario's Employer Reference Group. As a Certified Healthcare Executive (CHE), Dionne's previous leadership roles include: Multi-Site Director, Diversity and Cultural Advancement at Orillia's Soldiers Memorial Hospital and SouthLake Regional Hospital in Newmarket.

Dionne has held many leadership roles in her 35 years of clinical experience, including: Clinical Director, Medicine Program at Southlake Regional Hospital, Director of Home and Community Care Planning and Strategy at the North West Local Health Integration Network (LHIN), Clinical Director Complex Continuing Care, Saint Vincent Hospital; Bruyere Continuing Care and Clinical Manager, Mental Health and Addictions at Humber River Hospital. Dionne is a mother of 3 beautiful girls, an entrepreneur, a motivational speaker, and an award-winning fitness professional.

### **DR. VICKY STERGIOPOULOS, PHYSICIAN IN CHIEF, CAMH**



Dr. Vicky Stergiopoulos is a Clinician Scientist and the Physician-in-Chief at CAMH. She is also a Professor and Vice-Chair, Clinical and Innovation in the Department of Psychiatry at the University of Toronto. Prior to joining CAMH, she served as the Psychiatrist-in-Chief at St. Michael's Hospital, leading the development of a number of innovative health solutions for people experiencing homelessness and mental health challenges. Dr. Stergiopoulos has a keen interest in mental health policy, community development and the redesign of our system of mental health care for the purpose of system improvement. She champions equitable access

to high quality health care for people experiencing mental health problems and illnesses, and the inclusion of service users in both service delivery and research.

Dr. Stergiopoulos completed her medical training at Dalhousie University (with Distinction) and residency training in psychiatry at the University of Toronto. She holds a MHSc in health administration from the University of Toronto's Institute for Health Policy, Management and Evaluation, and completed the Directors Education Program at the Rotman School of Management. Her program of research focuses on the design, implementation, evaluation and dissemination of interventions aiming to improve housing stability, service coordination and recovery of adults experiencing mental health and addiction challenges and social disadvantage.

## **VALERIE PRINGLE, BOARD OF TRUSTEES, CAMH FOUNDATION - CHAIR**



Valerie Pringle was one of Canada's best known broadcasters and now involved full-time in not for profit work. She is Chair of the Foundation Board of the Centre for Addiction and Mental Health Foundation. Valerie is on the Board of the Canadian Broadcast Heritage Museum, Belmont House and the Toronto International Festival of Authors. She is a mentor for the Pierre Elliott Trudeau Foundation and spent 20 years as a volunteer working to build the Trans Canada Trail. Valerie was awarded an honorary doctorate from Ryerson University and was appointed as a Member of the Order of Canada in 2006 for her contributions to communications and her volunteer work.

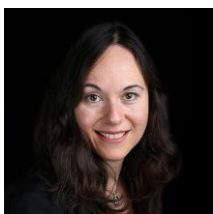
## **DR. CHERYL REGEHR, VICE PRESIDENT AND PROVOST, THE UNIVERSITY OF TORONTO**



Cheryl Regehr is the Vice-President and Provost for the University of Toronto. Former Dean of the Factor-Inwentash Faculty of Social Work, she is a Professor in the Faculty of Social Work, and has cross-appointments to the Faculty of Law and the Institute for Medical Sciences at University of Toronto.

Professor Regehr's practice background includes over 20 years of direct service in forensic social work and emergency mental health and in the administration of mental health programs, specializing in civil litigation and criminal court assessments of trauma victims and violent offenders, and organizationally based trauma interventions. She was the director of the Crisis Response Team at Pearson International Airport, served on the mental health advisory for the Department of National Defence and Veteran's Affairs Canada, and currently is a member of the CIHR Mental Health Advisory Group for COVID-19. In 2004, she was awarded the Amicus Award by the American Academy of Psychiatry and the Law for her contributions to forensic mental health.

## **DR. SIMONE VIGOD, CHIEF DEPARTMENT OF PSYCHIATRY, WOMEN'S COLLEGE HOSPITAL**



Dr. Simone Vigod is a leading expert in perinatal mood disorders and has conducted some of the largest studies worldwide on maternal mental illness around the time of pregnancy. Mental illness at this life stage poses unique risks to mothers and their children at a critical juncture in both of their lives. Dr. Vigod's research is helping raise awareness about gaps in access to specialized perinatal mental healthcare, as well as identifying vulnerable populations where these gaps are most prominent.

Despite the progress that has been made to understand perinatal mood disorders, there is still much work to be done to improve awareness, diagnosis, and treatment for mothers. Dr. Vigod's vision is to ensure every Canadian woman with mental illness is able to receive timely, effective care around the time of pregnancy to improve outcomes for both women and their families.

Working with a multidisciplinary network of research, content experts, front-line workers and women with lived experience, Dr. Vigod is leveraging digital technologies to achieve this goal by optimizing maternal mental healthcare delivery. One of these interventions, Mother Matters, a therapist-facilitated online postpartum mental health support group has already been implemented across Ontario.



Dr. Vigod's research has also provided valuable insight into balancing the importance of maternal mental health and the risk of medication to the fetus. She's also developed an online patient decision aid to help women make choices about antidepressant use in pregnancy that is now being evaluated in the United Kingdom. By advancing knowledge and improving access to care during the time around pregnancy, Dr. Vigod hopes to change our healthcare system to better address the needs of women during this crucial time.

## **DR. SARAH COLMAN, CAMH BOARD OF TRUSTEES AND THE PRESIDENT OF THE MEDICAL STAFF ASSOCIATION**



Dr. Sarah Colman completed her Undergraduate Degree in the Arts and Science Honours Programme at McMaster University, and her medical degree, psychiatry residency and clinical fellowship in Geriatric Psychiatry at the University of Toronto (U of T). She is currently a staff psychiatrist on the geriatric inpatient unit at CAMH and psychiatrist on the Psychogeriatric Assertive Community Treatment team with Reconnect Community Health services. As well, she engages in outreach work to frail homebound seniors through collaborative models and with the help of telemedicine. She is the President of the Medical Staff Association at CAMH. She recently completed her tenure as the Associate Program Director for the Department of Psychiatry, U of T. Interests include medical education, medical history, ethics, and the medico-legal interface in psychiatry, and advocacy for vulnerable older adults. She is an Assistant Professor at the University of Toronto.

## **DR. CHRIS SIMPSON, EXECUTIVE VICE PRESIDENT (MEDICAL) AND CHIEF MEDICAL OFFICER, ONTARIO HEALTH**



Chris Simpson was born in Moncton in 1967 and raised in Nackawic, a small pulp mill town of 1,000 people in western New Brunswick. Torn between pursuing a career in music or medicine, he obtained a BSc at the University of New Brunswick while playing saxophone with The Thomists, a 20-piece big swing band based in Fredericton and well-known across the Atlantic provinces.

He went on to medical school at Dalhousie University in Halifax and obtained his MD in 1992. He subsequently completed internal medicine and cardiology training at Queen's University in Kingston and then a Heart and Stroke Foundation Clinical and Research Fellowship in Cardiac Electrophysiology at the University of Western Ontario, under the supervision of Dr. George Klein.

Currently, he is the Executive Vice President (Medical) and Chief Medical Officer at Ontario Health – the provincial agency overseeing Ontario's health care system. Together with Judy Linton, the Chief Nursing Officer at OH, he is the executive lead overseeing the Clinical Institutes and Quality Programs portfolio, including the Mental Health and Addictions Centre of Excellence. As the Executive Lead for OH's Recovery Plan, he is working to accelerate substantial transformative health system change, including specific work to embed health equity metrics in performance dashboards.

Dr. Simpson's primary non-clinical professional interest is health policy – particularly access to care, seniors' care, wait times and medical fitness to drive. He served as the chair of the Wait Time Alliance (WTA) – a federation of 17 medical specialty societies and the Canadian Medical Association (CMA) – and is a past chair of the Canadian Cardiovascular Society's (CCS) Standing Committee on Health Policy and Advocacy. He has served on the Cardiac

Care Network of Ontario (CorHealth) Board of Directors, is a past member of the CCS executive and a former governor of the American College of Cardiology. He served as the Canadian representative at the World Medical Association. He currently serves as chair of Ontario Health's Quality Standards Committee.

**DR. RAED HAWA, DEPUTY PSYCHIATRIST IN CHIEF, UHN AND PROFESSOR IN THE DEPARTMENT OF PSYCHIATRY, UNIVERSITY OF TORONTO**



Dr. Hawa is a distinguished fellow of the American Psychiatric Association, and the Canadian Psychiatric Association; a Diplomate of the American Board of Sleep Medicine, the American Board of Obesity Medicine and the American Board of Psychiatry and Neurology with subspecialty training in Consultation-Liaison Medicine and Sleep Medicine. He is the deputy psychiatrist in chief at UHN and a Professor in the Department of Psychiatry, University of Toronto.

Dr. Hawa's clinical interests are in the area of interaction between psychiatric disorders, bariatric surgery, and sleep disorders. He has multiple teaching awards at the local, national and international level and has over 80 peer reviewed papers and book chapters published in the areas of medical education, bariatric psychiatry and sleep psychiatry. He is also the President of the Canadian Academy of Consultation-Liaison Medicine.

**DR. RENEE LINKLATER, SHKAABE MAKWA SENIOR DIRECTOR**



Renee Linklater, PhD is a member of Rainy River First Nations in Northwestern Ontario. She has over 25 years of experience working with Indigenous healing agencies and First Nation communities. Renee has worked across the health and education sectors as a frontline worker, program evaluator, curriculum developer, educator/trainer, and researcher. She is an international speaker on trauma and healing and is the author of Decolonizing trauma work: Indigenous stories and strategies and editor of Connected in Creation: A Collection of Lived Experience through Cultural Expression. Renee is the Senior Director of Shkaabe Makwa - Centre for First Nations, Inuit and Métis Wellness at the Centre for Addiction and Mental Health (CAMH) and is actively involved in several system level initiatives across the province.