

Going to the Emergency Room



I have to go to the emergency room at the hospital.

Going to the hospital will help me feel better.



I might be nervous, or afraid to be at the
Emergency Department.



...Most people will feel this way!



But there will be people here to help me.

I am in a safe place.



I will see different types of people when I go to the emergency room. There could be police officers, or security guards. Their job is to help keep us safe.

A security guard might wave their wand around me to see if I am safe. It might make a noise but it will not hurt me. They might look scary, but they are here to help.



The nurse will call my name out when it is my turn to register.



I will get a bracelet to wear while I am here.

This helps everyone to know who I am.



I will sit beside the nurse in a chair.

The nurse will ask me questions about how I am feeling and why I am here.

I can ask the nurse questions too.

Then, I will go and sit in the waiting area.

At the hospital,

- There might be loud noises.
- There might be stinky smells.
- There might be bright lights.



I might have to wait a **long** time.

It could be helpful to bring things that I like to do (a book, drawing, music, a game) to keep me occupied.

I could also bring things that help me feel better (a blanket, a stuffy, food and drinks).



Then it will be my turn!

The doctor or nurse might do some tests. This is to try and figure out what might be wrong.

- They might ask me questions.
- They might check my heart.
- They might test my blood.
- They might do other tests too.

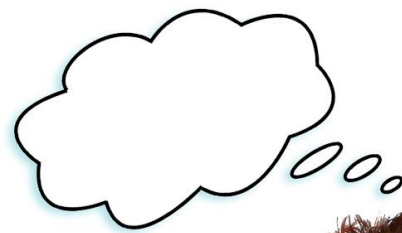




I might have to wear a hospital gown. This will help the doctors and nurses to examine me.



Then the doctor will check to make sure everything is healthy.



The hospital workers will decide what happens next.



If I am **sick**, I may need to **stay** overnight at the hospital.



If I am feeling **better**, I will **go home**.



If I am going home, I should ask if there are any **instructions I need to follow.**



The hospital might also speak to a worker or family member. They will tell them how to help me.

Then I will **leave** the Emergency Department!

