

# Email Blasts: “Did you know?”



Consider sending out these quick facts and figures as a way to foster awareness about the health disparities facing adults with developmental disabilities. Try one fact a week as part of a consistent communication and awareness raising campaign.

## Did you know?

- Adults with developmental disabilities have higher rates of morbidity and are more likely to be diagnosed with a range of chronic diseases than other adults.
- Nearly one in two adults with developmental disabilities has a mental illness or addiction.
- Approximately one in five adults with developmental disabilities are prescribed 5 or more medications at once. Antipsychotics are the most commonly prescribed medication.
- Adults with developmental disabilities present with frailty issues 30 years younger than adults without developmental disabilities.
- Compared to the general population, adults with developmental disabilities are more likely to:
  - Present to the ED
  - Present repeatedly to the ED
  - Have preventable hospitalizations
  - Have repeat hospitalizations
- Compared to the general population, adults with developmental disabilities are less likely to:
  - Be screened for breast, colon, & cervical cancer
  - Receive guideline-recommended interprofessional care.

(from H-CARDD Snapshots, to learn more go to Knowledge Exchange → H-CARDD Snapshots at [www.hcardd.ca](http://www.hcardd.ca))