

camh | womenmind™

Women's Health Across the Lifespan: From Research to Action

2026 Conference

November 4 – 5, 2026





This event is an Accredited Group Learning Activity (section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the CAMH Simulation Centre. You may claim a maximum of 12.5 hours (credits are automatically calculated).

Thank you for joining us at the 2026 CAMH *womenmind* conference.

It is with great pleasure that I welcome you to the 2026 CAMH *womenmind* Conference. This year's theme, **Women's Mental Health Across the Lifespan: From Research to Action**, reflects our shared commitment to advancing knowledge and translating discovery into meaningful change.

Over the next two days, we will bring together an international community to explore how biological and social experiences across the lifespan shape mental health. Talks featured will describe how major hormonal transitions and exogenous hormone use can influence brain and mental health outcomes differently across groups based on sex and gender.

We will explore how policies and partnerships are needed to drive progress. I know our conversations will challenge assumptions, deepen understanding, and help chart a path toward more effective and equitable care. I encourage you to engage openly, exchange ideas, and build connections across disciplines and experiences. We need all the collective and diverse voices to truly drive change.

Thank you for your dedication to advancing women's mental health research and care. I look forward to the discoveries, conversations, and collective action that will emerge from our time together.

Let's get curious!



Dr. Liisa Galea

Treliving Family Chair in Women's Mental Health
Senior Scientist, CAMH
Professor Dept. of Psychiatry at University of Toronto

Agenda – Day 1

November 4 (Morning)

7:30 – 8:30 A.M.	BREAKFAST AND REGISTRATION	
8:30 – 8:45 A.M.	WELCOME REMARKS	
8:45 – 10:35 A.M.	SYMPOSIUM: CYCLES AND SYMPTOMS: THE MENSTRUAL-MOOD CONNECTION	
	Modulation of Brain and Behavior by Ovarian Cycle Disruption in a Mouse Model	DR. IVANA JARIC
	Transdiagnostic Effects of Menstrual Cycle Hormone Flux on Mood, Suicidality, and Substance Use	DR. TORY EISENLOHR-MOUL
	Unpacking the Menstrual Cycle as a Critical Window for Female Brain Health	DR. ERIKA COMASCO
	Menstrual Health and Mental Health – Focus on Premenstrual Mood Symptoms	DR. LIISA HANTSOO
	Increased Reward Sensitivity During Motivational Decision-making is Associated with Preserved Perimenstrual Mood (<i>Young Investigator</i>)	ANNALISE WHINES
10:35 – 10:50 A.M.	BREAK	
10:50 – 12:15 P.M.	SYMPOSIUM: A SPOTLIGHT ON PERINATAL AND POSTPARTUM MENTAL HEALTH	
	Peripartum Depression: Insights into Subgroups and Prediction	DR. ALKISTIS SKALKIDOU
	Coordinated Functional Genomic Signatures of Perinatal Depression-like States Across an Affective-Maternal Brain Circuit	DR. RAND EID
	Biomarkers of Maternal Health: Extracellular Vesicle Communication Across Pregnancy Transitions	DR. TRACY BALE
	UPDATE: Scaling Up Maternal Mental Healthcare by Increasing access to Treatment (SUMMIT TRIAL)	DR. DAISY SINGLA
	H3 Dopaminylation as an Epigenetic Regulator of Maternal Brain Remodeling in Mice and Humans (<i>Young Investigator</i>)	DR. JENNIFER CHAN
12:15 – 1:20 P.M.	LUNCH AND TRAINEE-MENTOR ROUNDTABLE	

Agenda – Day 1

November 4 (Afternoon)		
1:20 - 2:45 P.M.	SYMPOSIUM: MAKING SENSE OF MENOPAUSE	
	Can I Buy a Noun? How to Treat Cognitive Concerns During Peri- and Post-Menopause	DR. NEILL EPPERSON
	Cognitive, Behavioural, and Functional Sequelae of Menopause and Dementia Risk	DR. ZAHINOOR ISMAIL
	APOE4 Genotype Impacts the Mnemonic, Vasomotor, and Neuronal Responses to Estrogen Treatments	DR. KARYN FRICK
	Distinct Intrinsic Neural Connectivity of Emotion Regulation Network Across Menopausal Transition (<i>Young Investigator</i>)	DR. FRANZISKA WEINMAR
	Raloxifene and the Risk of Late-Onset Psychosis in Women: An Emulated Target Trial Using Electronic Health Records in the US (<i>Young Investigator</i>)	DR. BODYL BRAND
2:45 - 4:05 P.M.	SYMPOSIUM: RISK AND RESILIENCE IN WOMEN'S BRAIN AGING	
	Targeting the Microbiome-Gut-Brain Axis in Menopausal Women	PROF. SIOBHAN O'MAHONY
	Immunological Changes at Menopause and the Risk for Neurologic Disease	DR. FARIDA SOHRABJI
	Does Timing Matter? Earlier Menopause and Dementia Risk	DR. JENNIFER RABIN
	Pre-menopausal HRT Initiation is Associated with Lower Cortical Diffusivity and Greater Limbic Volumes in Postmenopausal Women (<i>Young Investigator</i>)	DR. ELIZABETH HADDAD
4:05 - 4:20 P.M.	BREAK	
4:20 - 4:25 P.M.	WHY PUBLISH YOUR WOMEN'S HEALTH RESEARCH IN JOURNAL OF NEUROENDOCRINOLOGY?	DR. MICHAEL LEHMAN
4:25 - 5:35 P.M.	PANEL: FROM POLICY TO PROGRESS: DRIVING CHANGE IN WOMEN'S MENTAL HEALTH	
	KATHRYN GODBURN SCHUBERT	JENNIFER GILLIVAN
	RACHEL BARTHOLOMEW	DR. NOUR SHEHATA
5:35 - 7:00 P.M.	EVENING RECEPTION AND POSTER PRESENTATIONS	

Agenda – Day 2

November 5 (Morning)

7:30 - 8:30 A.M.	BREAKFAST AND REGISTRATION	
8:30 - 10:20 A.M.	SYMPOSIUM: THE BIG AND SMALL OF IT: ESTRADIOL AND SEX DIFFERENCES FROM MOLECULES TO MINDS	
	Studying Sex at Diverse Scales of Human Brain Organization	DR. ARMIN RAZNAHAN
	Estradiol's Impact Across the Female Reproductive Lifespan: Mechanisms of Affective Risk and Resilience	DR. CRYSTAL SCHILLER
	Preclinical Insights Into Sex-Specific Molecular Mechanisms of Estrogen Receptor Modulation of Psychiatric-Related Behaviour: A Pathway to Personalised Treatment	DR. TERTIA PURVES- TYSON
	Sex Differences in Estradiol-Mediated Local Protein Synthesis in Mouse Hippocampus	DR. DEEPAK SRIVASTAVA
	Sex-Specific Genetic and Transcriptional Signatures of the NLRP3 Pathway in Depression (<i>Young Investigator</i>)	SAMANTHA MCGUINNESS
10:20 - 10:40 A.M.	BREAK	
10:40 - 12:25 P.M.	SYMPOSIUM: FROM GENERATIONS TO GENDER: STRESS, ADDICTION AND MENTAL HEALTH ACROSS BIOLOGICAL AND SOCIAL CONTEXTS	
	Harnessing Translational Approaches to Fight the Intergenerational Transmission of Stress	DR. TAMAR GUR
	From Attachment to Isolation: Lifespan Perspectives on Sex Differences in Social Bond Disruption, Neuroimmune Signaling, and Emotional Health	DR. ERICA GLASPER
	How Family History of Substance Use Disorder Impacts Brain Dynamics Depends on an Adolescent's Sex	DR. AMY KUCEYESKI
	From Research to Action: Reimagining Mental Health Systems for Women and Gender-Diverse People	DR. JUNE LAM
	I Was Locked Out of Everywhere: Tracing Indigenous Young Women's Mental Health Care Pathways Following Gender-Based Violence in the GTA (<i>Young Investigator</i>)	KEELIN EASTVELD
12:25 - 2:05 P.M.	LUNCH AND POSTERS	

Agenda – Day 2

November 5 (Afternoon)		
2:05 - 3:55 P.M.	SYMPOSIUM: HORMONAL CONTRACEPTIVES AND MOOD	
	Hormone Contraceptives and Implications for Risk and Resilience to Depression and Alzheimer's Disease	DR. NATALIE TRONSON
	Hormonal Contraceptives and Heterogeneity: Personal History and Formulation Variability Matter for Links to Wellbeing	DR. ADRIENE BELTZ
	Brain Changes During Hormonal Contraceptive Use or Withdrawal - Associations to Mood and Cognition	DR. BELINDA PLETZER
	Timing Matters: How Cycle Phase and Contraception Shape Stress Resilience	DR. LOTTE GERRITSEN
	Hormonal Contraceptive Use and Adolescent Depression: Confounding or Causation (<i>Young Investigator</i>)	DR. NIAMH MACSWEENEY
	Synthetic Contraceptive Hormones Reveal Adolescent-Specific Biomarkers of Depression Vulnerability in Female Rats (<i>Young Investigator</i>)	DR. JESSE LACASSE
3:55 - 4:10 P.M.	BREAK	
4:10 - 5:20 P.M.	PANEL: THE M & M'S: MOBILISING AND MOVING WOMEN'S HEALTH RESEARCH FORWARD	
	DR. ANGELA KAIDA	SANDI TRELIVING
	DR. PAMELA KANELIS	LYNN POSLUNS
5:20 - 5:30 P.M.	CLOSING REMARKS	

SYMPOSIUM: CYCLES AND SYMPTOMS: THE MENSTRUAL-MOOD CONNECTION



Dr. Ivana Jaric

PhD, Institute of Laboratory Animal Science,
University of Zurich, Switzerland



Dr. Tory Eisenlohr-Moul

PhD, Professor of Psychiatry and Behavioral
Neuroscience (and Obstetrics and Gynecology)
at the University of Chicago



Dr. Erika Comasco

She/Her

PhD, Department of Women's and Children's
Health, Science for Life Laboratory, Uppsala
University



Dr. Liisa Hantsoo

She/Her

PhD, Reproductive Mental Health Center,
Department of Psychiatry & Behavioral Sciences,
The Johns Hopkins University School of Medicine



Annalise Whines

She/Her

University of Cambridge
Young Investigator Award

SYMPOSIUM: A SPOTLIGHT ON PERINATAL AND POSTPARTUM MENTAL HEALTH



Dr. Alkistis Skalkidou

She/Her

PhD, Professor of Obstetrics and Gynecology,
Department of Women's and Children's Health,
Uppsala University, Sweden



Dr. Rand Eid

PhD, Scientist, Centre for Addiction and Mental Health
Department of Psychiatry, University of Toronto



Dr. Tracy Bale

She/Her

PhD, The Anschutz Foundation Endowed Chair in
Women's Integrated Mental and Physical Health
Research at the Ludeman Center
Professor, Department of Psychiatry, University of
Colorado, Anschutz Medical Campus



Dr. Jennifer Chan

She/Her

Icahn School of Medicine at Mount Sinai
Young Investigator Award



Dr. Daisy Singla

She/Her

PhD, C. Psych, Associate Professor in the
Department of Psychiatry at the University of
Toronto; *womenmind* Senior Scientist at CAMH

SYMPOSIUM: MAKING SENSE OF MENOPAUSE



Dr. Neill Epperson

She/Her

MD, Robert Freedman Endowed Professor of Psychiatry and Chair of the Department of Psychiatry at the University of Colorado Anschutz



Dr. Zahinoor Ismail

Clinician Scientist and Professor of Psychiatry, Neurology, Epidemiology, and Pathology & Laboratory Medicine at the University of Calgary, with a joint appointment at the University of Exeter



Dr. Karyn Frick

She/Her

PhD, University of Wisconsin-Milwaukee, Department of Psychological and Brain Sciences



Dr. Franziska Weinmar

She/Her

University of Tübingen
Young Investigator Award



Dr. Bodyl Brand

University of Oxford
Young Investigator Award

SYMPOSIUM: RISK AND RESILIENCE IN WOMEN'S BRAIN AGING



Dr. Siobhain O'Mahony

Department of Anatomy and Neuroscience, APC
Microbiome Ireland, University College Cork



Dr. Farida Sohrabji

PhD, FAHA | Texas A&M University
Distinguished Professor & Department Head
John and Maurine Cox Endowed Chair
Department of Neuroscience and Experimental
Therapeutics
Director, Women's Health in Neuroscience Program



Dr. Jennifer Rabin

She/Her
PhD, Division of Neurology, Department of
Medicine, Sunnybrook Health Sciences Centre,
University of Toronto



Dr. Elizabeth Haddad

She/Her
University of Southern California
Young Investigator Award

SPECIAL PRESENTATION: WHY PUBLISH YOUR WOMEN'S HEALTH RESEARCH IN JOURNAL OF NEUROENDOCRINOLOGY?



Michael Lehman

He/Him

Ph.D., Regents Endowed Professor and Chair of the Department of Biology at New Mexico Tech, Editor-in-Chief of the Fundamental and Mechanistic strand of the Journal of Neuroendocrinology

PANEL | FROM POLICY TO PROGRESS: DRIVING CHANGE IN WOMEN'S MENTAL HEALTH



Kathryn Godburn Schubert

She/Her

President & CEO of Society for Women's Health Research



Jennifer Gillivan

She/Her

President and CEO of the IWK Foundation



Rachel Bartholomew

Founder of Hyivy Health, Femtech Canada and Femtech Across Borders



Dr. Nour Shehata

MD, Family physician and specialist in Public Health and Preventive Medicine Lead, Women and Diversity Health section within the Canadian Armed Forces Health Protection. Adjunct Professor at the University of Ottawa's School of Epidemiology and Public Health

SYMPOSIUM: THE BIG AND SMALL OF IT: ESTRADIOL AND SEX DIFFERENCES FROM MOLECULES TO MINDS



Dr. Armin Raznahan

MD, PhD, Chief, Section on Developmental Neurogenomics
Human Genetics Branch, National Institute of Mental Health Intramural Research Program
National Institutes of Health



Dr. Crystal Schiller

PhD, Clinical psychologist and Associate Professor in the Department of Psychiatry at the University of North Carolina at Chapel Hill



Dr. Tertia Purves-Tyson

PhD, Preclinical NeuroPsychiatry Laboratory, NeuRA, Sydney, Australia, and Discipline of Psychiatry and Mental Health, UNSW Sydney, Australia



Dr. Deepak Srivastava

PhD, Professor of Molecular Neuroscience, King's College London



Samantha McGuiness

University of Toronto
Young Investigator Award

SYMPOSIUM: FROM GENERATIONS TO GENDER: STRESS, ADDICTION AND MENTAL HEALTH ACROSS BIOLOGICAL AND SOCIAL CONTEXTS

November 5



Dr. Tamar Gur

She/Her

MD, PhD, tenured Professor in the Departments of Psychiatry, Neuroscience, and Obstetrics & Gynecology at The Ohio State University College of Medicine and the Endowed Director of the Soter Women's Health Research Program



Dr. Erica Glasper

PhD, Tenured Associate Professor in the Department of Neuroscience and a resident faculty member in the Institute for Brain, Behavior and Immunology (IBBI) at The Ohio State University College of Medicine



Dr. Amy Kuceyeski

She/Her

PhD, Professor of Radiology at Weill Cornell Medicine and adjunct faculty at Cornell University's Computational Biology Department.



Dr. June Lam

PhD, CAMH Psychiatrist & Associate Scientist, University of Toronto Assistant Professor (Department of Psychiatry & IHPME), ICES Adjunct Scientist



Keelin Eastveld

She/Her

University of Toronto
Young Investigator Award

SYMPOSIUM: HORMONAL CONTRACEPTIVES AND MOOD

November 4



Dr. Natalie Tronson

She/Her

PhD, Professor of Psychology and an Associate Director of the Neuroscience Graduate Program at the University of Michigan



Dr. Adriene Beltz

She/Her

PhD, Professor of Psychology and a Research Professor at the Institute for Social Research at the University of Michigan



Dr. Belinda Pletzer

PhD, Full Professor of Neuroendocrinology at the Paris Lodron University of Salzburg



Dr. Lotte Gerritsen

Associate Professor of Department of Clinical Psychology at Utrecht University, the Netherlands



Dr. Niamh MacSweeney

She/Her

University of Oslo

Young Investigator Award



Dr. Jesse Lacasse

He/Him

Centre for Addiction and Mental Health

Young Investigator Award

PANEL | THE M&M'S: MOBILISING AND MOVING WOMEN'S HEALTH RESEARCH FORWARD



Dr. Angela Kaida

She/Her

Scientific Director of CIHR Institute of Gender and Health, Professor and Canada Research Chair in HIV and Sexual & Reproductive Health Equity, Faculty of Health Sciences, Simon Fraser University



Sandi Treliving

She/Her

Dedicated philanthropist, advocate for mental health, and Founding Member of *womenmind*



Dr. Pamela Kanellis

She/Her

PhD, Chief Research and Program Officer, Brain Canada / Cheffe de la recherche et des programmes



Lynn Posluns

President, CEO, and Board Chair of Women's Brain Health Initiative (WBHI)

Poster Presentations

Day 1 – November 4

1	Tina Kabir	Barriers and Facilitators to Participant Engagement in a Menstrual Cycle-Informed Smoking Cessation Trial: Lessons from the Mixed-Methods Process Evaluation.
2	Annalise Whines ★	Increased reward sensitivity during motivational decision-making is associated with preserved perimenstrual mood
3	Beatriz Brandao	Associations Between Ovarian Hormones and Emotion Across the Menstrual Cycle in Naturally Cycling Women
4	Lydia Hickman	Menstrual Cycle Dynamics of IBS and Anxiety Symptoms: An Experience Sampling Study
5	Natalie McClain	Menstrual Phase Modulates Drug-Biased Neural Synchrony to Naturalistic Drug Cue Exposure in Cocaine Use Disorder
6	Pooja Khurana	Premenstrual Dysphoric Disorder in higher education: exploring the impact of mental health on academic professionals
7	Savannah Dubé	Exploring Lived Experiences of Premenstrual Dysphoric Disorder in Canada: A Qualitative Study Protocol
8	Alyssa Georgescu	Systematic Review of Psychological Interventions for Premenstrual Dysphoric Disorder (PMDD) Post-DSM-5 Inclusion
9	Elizabeth Dybas	Hormonal contraceptives during adolescence impact the developing prefrontal dopamine system and behavioral flexibility in a rodent model
10	Ann-Christin Kimmig ★	Salience Network Reorganization Following Oral Contraceptive Discontinuation Accompanies Mood Improvement
11	Nina Goll	The interaction of oxytocin and sex steroids in the central nervous processing of rewards
12	Taleah Dumoulin	Young women's perspectives on hormonal contraceptive decision-making and use
13	Élizabeth Garneau	Investigating influences of hormonal contraception and the menstrual cycle on sleep
14	Jennifer Chan ★	H3 dopaminylation as an epigenetic regulator of maternal brain remodeling in mice and humans
15	Joshua Yu	Associations between Maternal Depression and Anxiety Symptoms and Neural Responses to Emotional Faces in Toddlers: Social Support as a Moderator
16	Kristen Montgomery	Dysregulated parvalbumin interneuron development and microglial activity shape offspring hippocampal development in a rodent model of maternal postpartum depression
17	Pia Dhanwan	Matrescence Reshapes the Brain: Mapping Structural Grey Matter Neuroplasticity in Postpartum Depression and Anxiety
18	Runhao Zhou	Elevated MAOA and altered bioenergetics underlying elevated emotionality and treatment resistance in depression
19	Bibi Hajira	Perinatal Mental Health of South Asian Immigrant in Canada: A Scoping Review
20	Hana Abbasian	The Ethics of Maternal–Infant Separation in Acute Postpartum Psychosis
21	Julia Peak	Cognitive Processing Therapy for Childbirth-Related Posttraumatic Stress Disorder
22	Mary Kimmel ★	Relationship of OCD Symptoms and Depressive Symptoms Across the Perinatal Period
23	Prarthana Pai	Barriers to perinatal mental health help-seeking among women in South Asia: A proposed scoping review
24	Tanya Lazor	Measuring Perinatal Cannabis Exposure: Opportunities from the TARGet Kids! Pediatric Practice Based Research Network
25	Zoryana Babi	Evaluating the Relationship Between Anxiety, Mindfulness, and Emotion Regulation in Individuals with Anxiety in the Perinatal Period
26	Alexis Freidenberg	Pregnancy Specific Smoking Cessation Resources Present Through the North American Quitline Consortium
27	Arezo Taebe	Normative modelling of brain morphology trajectories across the menopause transition
28	Elizabeth Haddad ★	Pre-menopausal HRT initiation is associated with lower cortical diffusivity and greater limbic volumes in postmenopausal women
29	Evita Jiang ★	Who and what is examined in randomized control studies of menopause hormone therapy effects on cognition? A review of participant characteristics and key variables

Poster Presentations

Day 1 – November 4

30	Franziska Weinmar	★ Distinct intrinsic neural connectivity of emotion regulation network across menopausal transition
31	Goretti España-Irla	Mapping the Female Brain Across the Menopause Transition: A Multi-Site Cross-Sectional Mega-Analysis
32	Katie Vandelloo	'Mind in Menopause': Proposal for the Development & Evaluation of a Psychoeducational Program to Support Women's Brain Health Through the Menopause Transition
33	Madeline Wood Alexander	Plasma proteomics link menopause timing to brain aging and dementia risk
34	Vanja Petrovic	Brain age gap and cognition in older females: The role of parity and physical activity in the HABS-HD study cohort
35	Zoe Gandey	Pilot Study: Effect of Menopausal Hormone Therapy (MHT) on Cerebrovascular Imaging Markers in Recently Postmenopausal Women
36	Bodyl Brand	★ Raloxifene and the risk of late-onset psychosis in women: An emulated target trial using electronic health records in the US
37	Chuidan Kong	Mapping women's health and well-being in Canada: A scoping review of findings from the Canadian Longitudinal Study on Aging (CLSA).
38	Sana Shaik	Suicidal Ideation, Self-Harm, and Suicide Risk During the Menopausal Transition: A Systematic Review of Observational Studies
39	Ahmad Mohammad	Dual Hormone Obesity Treatment Improves Alzheimer's Disease Markers
40	Alana Brown	The roles of biological sex and cognitive reserve in shaping sleep-memory dynamics
41	Mary Chiu	Women caregivers' concerns about their brain health and risk of dementia as they age
42	Xinyi Lin	Sex and apoe genotype differentially affect the temporal dynamics of hippocampal neurogenesis across age in a sporadic Alzheimer's disease model
43	Amanda Namchuk	Characterizing the sex-specific functional networks underlying chronic stress-induced negative cognitive bias
44	Frances Sherratt	Developing Transdiagnostic Symptom Clusters of Depression and Anxiety: Psychosocial Risk Factors and the Impact of Sex and Gender
45	Liv Engel	Exploring sex differences in inhibition of prefrontal cortical dopamine during a novel context threat discrimination task
46	Makayla Mitchell	★ Sex-Specific Functional Coupling of PFC Glutamatergic-GABAergic-Astrocyte Local Circuit During Stress and Behaviour
47	Sophia Stapleton	The Influence of Sex, Gender Identity, and Gender-Related Social Factors on Functional Impairment in Mood Disorders
48	Sophie Kelly	Sex Differences in Cognition and Mental Health After Adverse Cardiac Events
49	Bettina Francisco	Reaching Girls First: A Girl-Centered, Sensory-Affirming Tier 2 SEL and Behavioral Health Intervention for Girls' Mental Wellness
50	Sarah Ahmed	Measuring What Matters: Tailoring Recovery for Women Through Measurement-Based Care
51	Catherine Lowe	The stakes of being seen: Missed ADHD diagnosis, attachment insecurity, and mental health in girls and women
52	Liaba Aamir	★ Comparing the clinical and demographic profiles of autistic women diagnosed in early versus middle adulthood
53	Stephanie Brocca	Overlooked and Disengaged: A Pilot Study on Patient Activation Among Neurodivergent Women in Young Adulthood
54	Bernice Yamoah	When He Can't Get Help, She Carries It: Black Immigrant Men's Mental Health and Addiction Service Access and Its Impact on Family Well-being
55	Caitriona Federico	Changes in Stress and Other Mental Health Outcomes Among Syrian Refugee Women from Before to During the COVID-19 Pandemic
56	Hannah Dickie	Digital misogyny and mental health in women
57	Jahin Khan	The impact of family networks during migration on the risk of non-affective psychotic disorders among first-generation migrant groups

Poster Presentations

Day 1 – November 4

58	Margaret Maheandiran	Amplifying Justice-Involved Women's Voices Through Participatory Action Research
59	Ishan Sheth	Do Early Adversity Dimensions Shape Reward Learning Over Time? Examining the Roles of Threat and Deprivation
60	Jana Radosavljevic	★ The Influence of Gendered Adversity and Sex on Immune Biotypes in Depression
61	Katerina Dikaos	Phase-based treatment for depression with complex developmental trauma: A proof-of-concept clinical and mechanistic study
62	Riley-Jane Lawson	The Cost of Waiting – A Systems Analysis of the Diagnostic Delay of Endometriosis in Canada
63	Sila Demir	Gendered Barriers to Mental Health Support and Strategies for Improvement in Medical Education
64	Bailey Rand	Steadying the Mind for Steady Mood: Self-Regulation and Emotional Wellbeing in Undergraduate Women
65	Emily May	De-tabooing in women's and gender-diverse mental health: a citizen science and participatory mixed-methods study bridging lived experience, research, and clinical priorities
66	Lauren Power	Assessing Loneliness, Depression and Substance Use in Young Women: Cognitive Behavioural Therapy vs Groups 4 Health
67	Sara Rezaei	Effects of aerobic and strength training on circulating sTNFRI and sTNFRII and their association with depressive symptoms in older women
68	Shernell Hines	The Impact of Self-Transcendent Emotions on Women's Mental and Physical Health
69	Simran Sandhu	Leveraging the Genetics of Migraine and Anxiety Uncovers Novel Risk Locus for Migraine in Women
70	Megan Mio	Greater Cardiovascular Risk is Associated with Reduced Gray Matter Structure and Cerebral Blood Flow in Female Youth with and without Bipolar Disorder
71	Mikayla Lisi	Characterizing Menopausal Brain Fog: Preliminary Findings

★ Indicates Young Investigator Awardee
 ★ Indicates Trainee Travel Awardee

Poster Presentations

Day 2 – November 5

1	Jordi Jornet-Plaza	★ Evaluating the Potential Beneficial Effects of Ketamine in a Validated Preclinical Model of Premenstrual Dysphoric Disorder
2	Lylah Khan	Cycle timing matters: theta-burst stimulation as a precision neuromodulation approach for premenstrual dysphoric disorder (PMDD)
3	Beverly-Ann Hoy	ADHD symptoms across the menstrual cycle: the impact of hormonal shifts in females
4	Deniz Bengi	Prospectively confirmed Premenstrual Dysphoric Disorder and psychiatric comorbidity in individuals with early life trauma: Preliminary findings from the ECHOS Study
5	Jessica Davies	Exploring the impact of Premenstrual Dysphoric Disorder (PMDD) on reproductive decision-making
6	Jesse Lacasse	★ Synthetic contraceptive hormones reveal adolescent-specific biomarkers of depression vulnerability in female rats
7	Niamh MacSweeney	★ Hormonal contraceptive use and adolescent depression: confounding or causation?
8	Soda Wang	Hormonal contraceptive exposure during adolescence as a potential modulator of hippocampal neurogenesis
9	May Crober	★ The influence of different hormonal contraceptive types on stress reactivity, inflammatory markers, and mood
10	Charley Wing	The Maternal Brain in Transition: Longitudinal Cerebrovascular Changes from Late Pregnancy to Postpartum
11	Hibah Mehvish	Prenatal Opioid Exposure and Risk of Attention-Deficit/Hyperactivity Disorder (ADHD): Neurodevelopmental Outcomes from Early Childhood to Adolescence
12	Romina Garcia de leon	Maternal corticosterone differentially affects depressive-like endophenotypes in female and male offspring.
13	Avneet Hanjrah	When Support Falls Short: An Analysis of Support Discrepancies in the Peripartum Period
14	Farifta Rahman	The Somatic Mask: Bridging the Gap Between Cultural Idioms of Distress and Clinical Ignorance in Perinatal Care
15	Mansimran Kaur	Understanding Partners' Biggest Challenge in Postpartum Mental Health: Early Recognition or Reciprocal Support?
16	Maya Zaidan	★ Bridges to treatment satisfaction: the roles of trauma, social support, race and ethnicity among perinatal women receiving behavioural activation therapy
17	Megan McKenzie	Understanding Acts of Resistance, Adherence, and Self-Formation tied to Intensive Mothering through Experiences of Psychological Distress in pregnancy and postpartum: A mixed methods approach
18	Saloni Patel	Reducing Maternal Burden in Early Postpartum: A Feasibility Model for Structured In-Home Care
19	Tashi Stamp	"Black women need more support": Translating lived experience into culturally responsive perinatal mental health care
20	Maria Zangari	Mothers' Perspectives on the Protective Mother-Child Relationship Following Exposure to Intimate Partner Violence
21	Svetlana (Lana) Popova	Understanding women's reasons for alcohol use during pregnancy and breastfeeding: a systematic review and thematic synthesis
22	Vanessa Tassone	Am I healthy enough now...to become pregnant? A grounded theory analysis of patient experiences in preparing for pregnancy and understanding bodily 'health' after breast cancer
23	Andrea Lawson	Mechanisms of Change in Behavioural Activation for Perinatal Depressive Symptoms: Secondary Analysis of a Randomized Clinical Trial
24	Andrew McGovern	Menopause Proteome Clock is Accelerated in Women with Alzheimer's disease
25	Antonietta Mandatori	★ Disentangling Cognitive and Emotional Contributors to Menopausal Quality of Life
26	Claudia Barth	A Spotlight on Women's Brain Health: Mapping In Vivo Brain Dynamics across the Perimenopausal Years (MappingPerimenopause Study)
27	Erika Teeter	Menopause Type and Estrogen Delivery Route Differentially Modulate Cognitive Decline and Neurogenesis in Female Alzheimer's-Risk Mouse Models
28	Mafalda Duarte	Self-Reported Menopausal Symptoms and Perceived Cognitive Functioning Across Portuguese and British Women: A Cross-Cultural Study

Poster Presentations

Day 2– November 5

29	Mateja Perovic	BDNF genotype modulates cognitive trajectories across the menopausal transition
30	Michelle Chow	A Pilot Randomized Controlled Trial of Therapist-Guided Internet-Delivered Cognitive Behavioural Therapy for Menopause-Related Vasomotor Symptoms (ICBT-MENO-VS)
31	Renee Lawson	The effects of menopausal status in females on sex-differences in cortical excitability and clinical outcomes in individuals with treatment resistant depression (TRD) undergoing a course of intermittent theta burst stimulation (ITBS)
32	Selene Mitchell	Menopause type and estradiol treatment modulate pattern separation and functional connectivity at midlife in a preclinical model of Alzheimer's disease risk
33	Tallinn Splinter	APOE ε4 Modifies Associations Between Adverse Pregnancy Outcomes and Alzheimer's Disease Biomarkers and Cognition in Later Life: Findings from the CAMERA Study
34	Bonnie Lee	A preclinical model of surgical menopause differentially alters inflammation depending on Alzheimer's disease risk
35	Jessica Cummings	Mindful movement and nature-based interventions for menopausal mood disorders: a biopsychosocial and ecopsychological framework for psychotherapy
36	Laura Gravelins	Variation in menopausal symptoms and treatment approaches in the Canadian Longitudinal Study of Aging (CLSA)
37	Gabrielle Walach	Sex Differences in the Association of Alzheimer's Disease Polygenic Risk and Cerebral Blood Flow in a Sample of Youth Enriched for Bipolar Disorder
38	Jiya Shah	Higher Global BrainAGE is Associated with Psychosis Spectrum Symptoms (PSS) in Females: Preliminary Results from the TAY-CAMH Cohort Study.
39	Sandra Ledesma Corvi	Sex-specific microglial transcriptomic and morphological signatures associated with APOEε4 genotype across brain regions
40	Talia Nir	Sex-specific cortical microstructure trajectories with amyloid burden in cognitively normal adults
41	Brianna Dryburgh	Examining Sex Differences in Enrichment of Schizophrenia Risk Alleles Across Microglial Subclasses
42	Christine Wickens	Sex Differences in Risk Factors and Outcomes Among Drivers in an Impaired Driving Remedial Education Program
43	Nidhi Kulkarni	Polygenic Risk for Cardiovascular Disease is Associated with Altered Neuroimaging and Neurocognitive Phenotypes in Youth with Bipolar Disorder
44	Alexandra Puchiele	Sex differences in the association of polygenic risk for insomnia with sleep disturbance and psychiatric characteristics in youth with mood disorders
45	Muskan Khetan ★	Role of female sex hormone fluctuations in emotional brain function and emotional difficulties in adolescent girls
46	Samantha McGuinness ★	Sex-Specific Genetic and Transcriptional Signatures of the NLRP3 Pathway in Depression
47	Yagoda Oleksak	Sex Differences in Neural Network Recruitment Underlying Chronic Stress-Induced Negative Cognitive Bias
48	Hannah Gura ★	Assessing Sex Differences in Transcranial Magnetic Stimulation Dose: Insights From Electric-Field Modeling and Implications for Hormone-Related Effects.
49	Sophia Yuye Li	Do women receive stronger transcranial magnetic stimulation? Incorporating motor threshold, age, and sex to improve stimulation dosage precision
50	Stephanie Simpson	Changes in functional connectivity following standard and novel forms of convulsive therapy for treatment-resistant depression
51	Hannah Monroe	Autistic-led, neuroaffirming peer support: Facilitators' experiences implementing a post-diagnostic program for newly diagnosed autistic women
52	Yani Hamdani	Psychosocial benefits of an autistic-led peer support program for newly diagnosed autistic women
53	Zoë Kostenas	Neurodivergence and the Extension of Camouflaging to Gender and Sexual Identity.
54	Carol Soares	Cultivating joy: Identity affirmation and resurgence and Black girls' mental health Justice in Canadian education
55	Swadana Devadas	Mental health disparities associated with Polyendocrine Metabolic Ovarian Syndrome (PMOS) among South Asian women in Canada

Poster Presentations

Day 2– November 5

56	Kathryn Reeves	'The pain is different': The mental health effects of international operations among Canadian women service members and Veterans
57	Nadiya Ekhteraeetoussi	I am not one of them
58	Cindy Nguyen	Influence of sex and gender on depression-related healthcare utilization following traumatic brain injury sustained during childhood and adolescence: a PROGRESS-Plus informed systematic review
59	Jasmeen Kaur Kang	Co-developing the Lived Experience Advocacy Program (LEAP): training for survivors of intimate partner violence interested in research engagement
60	Keelin Eastveld*	'I Was Locked Out of Everywhere': Tracing Indigenous Young Women's Mental Health Care Pathways Following Gender-Based Violence in the GTA
61	Vrushalee Nachar	From Survival to Self: A Practitioner-Led Framework for Trauma Recovery in Women Using EMDR, CBT, and Somatic-Based Interventions
62	Shifa Mohamed Rafi	From Disbelief to Distress: Medical Invalidation and Mental Health Outcomes in Women With Chronic Illness — A Scoping Review
63	Anyia Sharma	Age differences in the association between uncertainty-management communication and psychological distress among reproductive-age female cancer survivors
64	Eleni Dubé-Zinatelli	The Mental Health Burden of PMOS: Depression, Quality of Life, and Health Literacy
65	Laura Hawkins	What Women Want: A Partnership Better Than Singlehood? Gender Differences in Singles' Goals for Romantic Relationships
66	Mahan Aslam	The many layers: Exploring identity
67	Meera Parthipan	★ Navigating uncertainty: Health information seeking, psychological wellbeing, and self-advocacy among women living with Polyendocrine Metabolic Ovarian Syndrome (PMOS)
68	Olga Fernandes	Fear-based decision conflict among women over 40: A lived-experience-informed narrative review
69	Sara Schwind	Threshold for inflammatory proteins predicting somatic depression symptoms in women
70	Sydney Hunking	TikTok always on the clock: Women's caregiving experiences, mental health, and peer support online
71	Robert Colonna	Men's and Women's Experiences in a Mixed-Gender Impaired Driving Remedial Program

★ Indicates Young Investigator Awardee

★ Indicates Trainee Travel Awardee

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Thank You

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