

## WHO CAN SUBMIT A REFERRAL TO CAMH?

- ❖ For the majority of **Mental Health Services**, a **physician or nurse practitioner referral** is required.
  - The referral form can be accessed on our website at [www.camh.ca](http://www.camh.ca).
  - If you do not have a family doctor, please refer to our community resource sheet called [How to Find a Family Doctor or Nurse Practitioner](#).
  - CAMH will also accept referrals from walk-in clinics.
- ❖ **For Addiction Services**, you can self-refer by calling Access CAMH at 416 535-8501, press 2, then press 4.
  - If you already have a methadone/ suboxone provider or addictions physician involved in your care, that provider will need to fax in a CAMH referral form.
  - The referral form can be accessed on our website at [www.camh.ca](http://www.camh.ca).

## WILL I BE CONTACTED AFTER MY REFERRAL IS SUBMITTED?

- ❖ Once your referral has been processed, you will be contacted to schedule your initial appointment.
- ❖ **Access CAMH will make two attempts to contact you** and will leave two voicemails, if consent was provided.
  - **Note: Access CAMH will be calling from a blocked caller ID.**
- ❖ If we are unable to contact you after two attempts, we will contact your referring provider to let them know that we were unable to reach you.
- ❖ **We encourage you to call Access CAMH** to check on the status of the referral after your referring provider has submitted it.
- ❖ If a family member or loved one is inquiring about the status of a referral, the patient who is being referred needs to provide consent to give out that information.

## OTHER CONSIDERATIONS

- ❖ CAMH is a teaching hospital, so you can expect to have residents or students involved in your care.
- ❖ During your involvement with CAMH, a member of your treatment team may present you with the option to participate in research studies. You may also find out about research opportunities by asking your physician or by visiting <https://www.camh.ca/en/science-and-research/research-connect>.
- ❖ If you are looking for additional resources, please refer to our [Community Resource Sheets](#) available on the CAMH website at [www.camh.ca](http://www.camh.ca).