Commonly Missed Diagnoses: Head-to-Toe Assessment

H Headache and other pain, or Hydrocephalus related issue (ex. Shunt blockage)

E Epilepsy

Aspiration pneumonia or dysphagia

Drugs! Patients are at high risk for adverse effects or polypharmacy.

Have a follow up plan if prescribing psychotropics!

- Teeth! Dental abscesses or impacted teeth can cause pain, aggressive behavior, food refusal
- Ocular or Otolaryngology issue Vision problem, Hearing issue, Obstructive Sleep Apnea (up to 80%)
- Tummy GERD, Constipation, Bowel obstruction and volvulus
- Osteoporosis and atypical fractures, pressure sores
- Etiology or cause of IDD is it known? some genetic syndromes have important acute presentations

 (ex. Calcium disturbance in William's Syndrome)
- Serious illness can present atypically ask caregivers how this patient expresses pain.

 Is there a subtle sign that they are very ill?
- Screen for abuse

All Behaviour is Communication!

Listen to Caregivers → Ensure access (reduce noise, fluorescent light) → Link – ask about community supports → Look for a Care Plan → Wallet sized Health Passport

Do you suspect a patient you are seeing has developmental disability but has not been identified? Refer to Developmental Services Ontario.

(Do you think your patient might benefit from a Coordinated Care Plan because of their complex health needs? Refer to "Health Links".)

