If you’re looking for longer term housing options, see the “Housing” resource sheet.

**Intake Services**

For all shelters, you can also call 311 to reach intake services.

**Central Intake (Toronto only)**

129 Peter St., Toronto, ON  
www.211toronto.ca/detail/en/80720  
416 338-4766, 1 877-338-3398 (shelter intake)  
**Services offered:** Walk-in housing assistance and assessments, street outreach, referrals to shelter system and respite care  
**Eligibility:** People age 16 and older and families in Toronto who are homeless, living on the street or street involved

**Street Helpline Peel**

1 877 848-8481  
**Services offered:** Toll-free number that will direct people to a shelter in Brampton or Mississauga; there is a men’s shelter in Brampton, a co-ed shelter and a family shelter in Mississauga, a youth shelter in Brampton (for youth up to age 24), a youth shelter in Mississauga (for youth up to age 21) and a few shelters for women who have been victims of domestic violence  
**Eligibility:** Different shelters available based on age, gender and need  
**Note:** No pets allowed

**Co-Ed Shelters**

**Homes First**

354 George St., Toronto, ON  
647 455-2800  
**Eligibility:** People age 16 and older
Men’s Shelters

Christie Ossington Neighborhood Centre
973 Lansdowne Ave., Toronto, ON
850 Bloor St. W., Toronto, ON
www.conccommunity.org
416 516-8642
Eligibility: Men age 18 and older
Note: Runs 4:30 p.m. to 8:00 a.m. on weekdays and 24 hours on weekends
Languages: English, French, Spanish, Arabic, Portuguese, Cantonese

Cornerstone Place
616 Vaughan Rd., York, ON
647 346-0616
Eligibility: Men age 25 and older
Note: Open seven days a week from 4:00 p.m. to 8:00 a.m.

Dixon Hall Neighbourhood Services: The Schoolhouse
349 George St., Toronto, ON
www.dixonhall.org
416 960-9240
Services offered: Overnight emergency shelter with a harm reduction philosophy; offers showers, recreation room, three meals daily, assistance with permanent housing and identification, harm reduction support
Eligibility: Men age 24 and older

Gateway, Salvation Army
107 Jarvis St., Toronto, ON
thegateway.ca
416 368-0324
Eligibility: Men age 21 and older

Good Shepherd Ministries
412 Queen St. E., Toronto, ON
www.goodshepherd.ca
416 869-3619
Eligibility: Men age 18 and older
Note: Registration is at 5:30 p.m.; people must leave premises during the day

Maxwell Meighen Centre, Salvation Army
135 Sherbourne St., Toronto, ON
www.torontohhs.org/shelters/maxwell-meighen
416 366-2733
Eligibility: Men age 18 and older; must be able to walk because building is not accessible
Languages: English, French, Polish, Portuguese, Russian, Hindi, Farsi, Bulgarian, Macedonian

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Native Men’s Residence (Na-Me-Res)
14 Vaughan Rd., Toronto, ON
www.nameres.org
416 652-0334
Eligibility: Residents must be sober and have no outstanding warrants

Salvation Army New Hope Shelter
29 Leslie St., Toronto, ON
www.torontohhs.org/shelters/new-hope
647 362-3062
Eligibility: Men age 18 and older

Scott Mission
502 Spadina Ave., Toronto, ON
416 923-8872
Eligibility: Adult men

Seaton House
399 George St., Toronto, ON
416 392-5547
Eligibility: Men age 25 and older, including those with complex mental health problems and addictions
Note: Open 24 hours

St. Simon’s Shelter
525 Bloor St. E., Toronto, ON
stsimonsshelter.ca
416 925-7475
Eligibility: Men age 18 and older
Languages: English, Italian, Spanish, Amharic

Refugee Shelters

Adam House
430 Gladstone Ave., Toronto, ON
www.adamhouse.org
416 538-2836
info@adamhouse.org
Services offered: Clean and safe living accommodations; help and advice with immigration procedures; referrals to legal services, medical assistance and community resources
Eligibility: People and their families who have lived in Canada less than four months
Note: Clients can stay up to four months

FCJ Refugee Centre
208 Oakwood Ave., Toronto, ON
www.fcjrefugeecentre.org

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416 469-9754

**Services offered:** Shelter for up to one year for about 30 women and children, visits from a transitional housing worker, legal and social assistance, community kitchen, women’s circle and more

**Eligibility:** Recently arrived women and children

**Romero House**
1558 Bloor St. W., Toronto, ON
romerohouse.org/about/our-services
416 763-1303

**Services offered:** 10 apartments for refugee families for up to one year after they arrive in Canada, support for all aspects of their settlement

**Sojourn House**
161 Ontario St., Toronto, ON
www.sojournhouse.org
416 864-0515

**Services offered:** Emergency shelter, housing stabilization for newly arrived refugees, food program for residents, transitional housing, outreach health clinic, youth program

**Eligibility:** Youth, men, women and families

**Toronto Plaza Hotel**
1677 Wilson Ave., North York, ON
416 392-4616

**Services offered:** Hostel rooms available in a former hotel

**Eligibility:** Men, women and families seeking shelter

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**Shelters for People with Mental Health Problems including Addictions**

**Canadian Mental Health Association (CMHA), SafeBed Short-Term Residential Services**

510 Dawes Rd., East York, ON (COTA Health)
1045 Bloor St. W., Toronto, ON (Gerstein Crisis Centre)
42 Algie Ave., Etobicoke, ON (Reconnect)
940 Wilson Ave., Toronto, ON (CMHA)
7 Radford Ave., Toronto, ON (CMHA)
toronto.cmha.ca/programs-services/safebeds
416 248-4174

**Services offered:** A 30-day stay at one of the five locations listed above; generic beds for people with mental health or substance use problems, justice beds for people involved with the justice system with mental health or substance use problems

**Eligibility:** People age 16 and older who are homeless or at risk of becoming homeless and have a serious mental illness (including dual diagnosis and concurrent disorders) or have been involved with the criminal justice system who can be safely supported in the community and are not at risk of harming themselves or others

**Referral:** Process varies depending on generic or justice beds: call the Toronto Safe Bed Unit registry at 416 248-4174; generally accepts self-referrals and referrals from family, friends or a physician

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Fees: Free
Note: There may be a waitlist

Downsview Dells
1651 Sheppard Ave. W., Toronto, ON
416 392-5447
Services offered: Shelter for 30 people, help getting into addictions treatment
Eligibility: Men with substance use problems (must have gone through detox), male refugees
Referral: Intake done first over the phone and then in-person to assess suitability

Women’s Shelters

Shelters for women are safe, emergency accommodations for women who have experienced or are at risk of experiencing domestic violence. Most also have a crisis line that you can call.

Amelie House, Society of St. Vincent de Paul
126 Pape Ave., Toronto, ON
svdptoronto.org/what-we-do/special-works/residential-housing/womens-shelters
416 465-0475
Services offered: A 30-bed shelter
Eligibility: Women age 18 and older

Anduhyauan Inc.
Confidential shelter address
anduhyauan.org
416 243-7669
416 920-1492 ext. 221 (shelter intake)
Eligibility: Native women age 18 and older and their children

Birkdale Residence – Family Shelter
55 John St., 6th floor, Toronto, ON
cwomenss.ca/portfolio/birkdale-residence
416 392-5650
Eligibility: Women age 16 and older who are homeless and have children or are pregnant, women with children in the care of the Children's Aid Society, refugee claimant families

Davenport Shelter
348 Davenport Rd., Toronto, ON
www.ywcatoronto.org/ourprograms/shelterandhousing/emergencyshelterfromviolence/ywcawomensshelter
416 922-2308
Services offered: Pet-friendly emergency shelter run by YWCA Toronto

Elisa House, Society of St. Vincent de Paul
60 Newcastle St., Etobicoke, ON

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Eligibility: Women age 16 and older who are homeless or at risk of becoming homeless and who are pregnant or have children

Note: Interpreters available

Savards Women’s Shelter, Homes First Society
1322 Bloor St. W., Toronto, ON
https://homesfirst.on.ca/
416-395-0932

Services offered: Hostel with open-concept accommodation and 24-hour staff support, meals, a visiting nurse and visiting mental health counsellor

Eligibility: Women who are chronically homeless and have mental health issues

St. Clare’s Residence, Society of St. Vincent de Paul
3410 Bayview Ave., North York, ON
svdptoronto.org/what-we-do/special-works/residential-housing/womens-shelters
416 225-3466

Eligibility: Women age 25 and older

Street Haven at the Crossroads
87 Pembroke St., Toronto, ON
www.streethaven.org
416 967-6060

Eligibility: Women age 16 and older who are in crisis (e.g., homelessness, addiction, abuse issues, violence, trauma or mental health challenges)

Women’s Residence
674 Dundas St. W., Toronto, ON
416 392-5500

Eligibility: Women age 16 and older without children

YWCA, 1ST Stop Woodlawn
80 Woodlawn Ave. E., Toronto, ON
www.ywcatoronto.org/ourprograms/shelterandhousing/homelessshelter
416 922-3271

Services offered: Free shelter and support for up to two years

Eligibility: Women age 16 and older who are homeless or in immediate crisis and fleeing violence

Women’s Overnight Drop-Ins

An overnight drop-in is different from a shelter in that they provide mats only for sleeping, and not beds.

Fred Victor Drop-In
Adelaide Resource Centre for Women, 67 Adelaide St. E., main floor, Toronto, ON
416 392-9292
www.fredvictor.org

This resource list is for information purposes only and does not constitute an endorsement by CAMH or guarantee any particular outcome.
Services offered: Referrals, counselling, advocacy, case management, access to showers, clothing, laundry facilities, meals and snacks, social and recreation activities, support groups, harm reduction support, respite with mats to sleep on from 9:00 p.m. to 7:00 a.m.; other resources in the same building include a computer lab with computer and typing classes, GED classes at Street Haven, a chat group at Elizabeth Frye on Fridays, a doctor that comes in at 1:00 p.m. on Thursdays and a psychiatrist that comes in once a month

Eligibility: Homeless and marginally housed women age 18 years and older without children (trans-positive services)

Note: There are no beds for women who stay overnight, nor lockers; women are provided with a mat only, and have to be out by 7:00 a.m.

Sistering
962 Bloor St. W., Toronto, ON
416 926-1946
www.sistering.org

Services offered: 24-hour drop-in; meals (breakfast at 9:30 a.m., lunch at noon, dinner at 7:30 p.m.); advocacy, referrals and accompaniment to medical, legal, housing, employment, education, emergency and social services; peer drop-in workers to support and interact with participants in the evening hours

Eligibility: Women age 16 and older who are homeless, socially isolated or who have low incomes

Languages: English, Italian, Spanish, Portuguese, Mandarin, Cantonese

Youth Shelters

Covenant House
20 Gerrard St. E., Toronto, ON
www.covenanthousetoronto.ca
416 593-4849

Eligibility: People age 16 to 24, including people in wheelchairs (call for details) and survivors of human trafficking and sexual exploitation

Languages: English, French, Spanish

Eva’s Place
360 Lesmill Rd., North York, ON
www.evas.ca
416 441-1414

Eligibility: People age 16 to 24

Eva’s Satellite
25 Canterbury Pl., Toronto, ON
www.evas.ca/where-we-are/evas-satellite
416 229-1874

Eligibility: People age 16 to 24 who are actively using substances

Horizons for Youth
422 Gilbert Ave., Toronto, ON
horizonsforyouth.org
416 781-9898

This resource list is for information purposes only and does not constitute an endorsement by CAMH or guarantee any particular outcome.
Eligibility: People age 16 to 24

Kennedy House Youth Shelter
1076 Pape Ave., East York, ON
www.kennedyhouse.org
416 421-7776
Services offered: 40-bed emergency shelter with basic necessities and crisis intervention; programs include financial literacy courses, cooking classes, Hire UP program (to build employment skills), substance use and harm reduction program
Eligibility: People age 16 to 24

Our Place Peel
3579 Dixie Rd., Mississauga, ON
www.ourplacepeel.org
905 238-1383
Eligibility: People age 16 to 21, LGBTQ+ friendly

Turning Point Youth Services
95 Wellesley St. E., Toronto, ON
turningpoint.ca
416 925-9250
Eligibility: Men age 16 to 24
Note: Opens at 4:40 p.m., closed from 8:30 a.m. to 4:40 p.m.

Youth Without Shelter
6 Warrendale Ct., Etobicoke, ON
www.yws.on.ca
416 748-0110
Services offered: Emergency residential program that can accommodate up to 33 youth each night; includes crisis counselling, safe shelter, nutritious food, new clothing and hygiene products
Eligibility: People age 16 to 24

Toronto Vanauley Street YMCA Centre
7 Vanauley St., Toronto, ON
ymcagta.org/youth-programs/youth-housing
416 504-9700
Services offered: 40 beds, harm reduction and trauma-informed residential services
Eligibility: Men age 16 to 24 who are at risk of homelessness (trans-positive services, gender is self-identified)

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