

# RBC Patient and Family Learning Space

celebrate  
**BLACK HISTORY MONTH**  
at **camh**

## Textile Art Workshop with Apanaki Temitayo



Patients are invited to dive into an immersive workshop series where participants take the lead in a dynamic exploration of colour, shape, and texture. Set against a backdrop of soothing music that sets the tone, this experience invites participants to unleash their creativity. Participants will engage in wordplay and embrace challenges that reconnect them with their inner child, making each session a vibrant and personalized journey of self-expression.

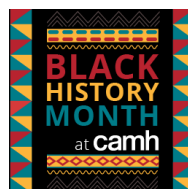
The 6 sessions will be held IN PERSON with one opportunity for inpatient units to join ONLINE on February 22.



### Ask your care team about how you can join!

Wednesday February 7 – Thursday March 21  
1:30 PM – 3:30 PM

Made possible by the Black History Month Committee at CAMH



RBC Patient and Family Learning Space  
1025 Queen Street West, Ground Floor  
Toronto ON M6J 1H4

## Weekly Workshops

Wednesday February 7  
In Person  
Intro to Textile Art

Thursday February 22  
In Person and Online  
Blackout Poetry

Thursday February 29  
In Person  
Batik Mini Tote Bags

Thursday March 7  
In Person  
Nature Clay Bowls

Thursday March 14  
In Person  
Mosaic Fabric Collage  
Keepsake Boxes

Thursday March 21  
In Person  
Colour and Light:  
Alcohol Ink Tile Art

## Questions?

Drop by Monday – Friday  
11 AM – 5 PM

or  
Email [pfls@camh.ca](mailto:pfls@camh.ca)

# RBC Patient and Family Learning Space

celebrate  
**BLACK HISTORY MONTH**  
at **camh**

## CBC'S Black Life: Untold Stories

Black Life: Untold Stories is an eight-part documentary series that reframes the rich and complex histories of Black experiences in Canada.

Join us over the lunch hour 12 PM – 1:30 PM twice a week on Mondays and Fridays in February.

No registration is required and all patients, families, and community members are welcome!



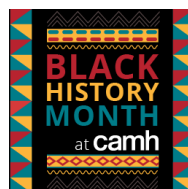
### Drop in!

Every Friday and Monday in February

12:00 PM – 1:30 PM

HUDSON'S BAY LOUNGE across from the PFLS

Made possible by the Black History Month Committee at CAMH



## Weekly Viewings

**Friday February 2**  
EP1: Haven But No Heaven

**Monday February 5**  
Midwinter Storytelling  
Food is Medicine

**Friday February 9**  
EP2: Revolution Remix

**Monday February 12**  
EP3: Northern Beats

**Friday February 16**  
EP4: Migrations

**Monday February 19**  
EP5: Creation Insists

**Friday February 23**  
EP6: More Than a Game

**Monday February 26**  
EP7: Justice Denied

**Friday March 1**  
EP8: Claiming Space

## Questions?

Drop by Monday – Friday  
11 AM – 5 PM

or

Email [pfls@camh.ca](mailto:pfls@camh.ca)

RBC Patient and Family Learning Space  
1025 Queen Street West, Ground Floor  
Toronto ON M6J 1H4