

EDUCATION AT camh

Our Achievements in 2023–2024



CONNECTED camh





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System-building and Partnerships



ADVANCE CARE

with patients and families through learning and discovery



GET UPSTREAM

to prevent and change the course of mental illness



LIFT SOCIETAL HEALTH

through action in mental health justice

Data and Technology

EDUCATION AT CAMH

Our Achievements in 2023–2024

With the new Connected CAMH strategic plan for 2024–2030, Education at CAMH is reaffirming our commitment to continuous improvement and to developing education products and services based on the latest evidence, evaluation and research. As part of an academic health sciences centre and a growing organization, we continue to create new knowledge and share these best practices across CAMH, the mental health and addiction systems, and the community.

We are a leader in education and knowledge exchange systems, and are committed to preparing clinicians and communities for the future by leveraging technology, monitoring the impact of our offerings and ensuring that our products and services align with emerging needs.

In 2023–2024, we came together with various teams across CAMH to share our work under Connected CAMH, with a focus on building system-level partnerships and collaborations across different sectors.

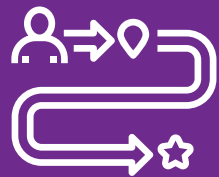
This report highlights key work we accomplished in 2023–2024. It shows how our work aligns with CAMH's three new strategic directions: Advance Care, Get Upstream and Lift Societal Health.



People and Culture



**ADVANCE
CARE**



**GET
UPSTREAM**



**LIFT
SOCIETAL
HEALTH**





ADVANCE CARE

- Transform how patients and families experience care and drive precision health care targeted to the individual needs of patients and families.
- Create new models of care by learning from all that we do and by applying evidence from our work with patients, partners and communities.
- Adopt and adapt the evidence created by others. Share our discoveries and learnings with the world.

Advance Care in Education

Our education programs leverage our strengths and support a comprehensive academic mental health centre where patients and families can access quality care that meets their individual needs. The training we offer is building the capacity of care teams in the mental health and addiction systems of the future.



Early Psychosis Intervention: Spreading Evidence-based Treatment (EPI-SET/NAVIGATE) to support young people experiencing psychosis and bipolar disorder

- Through this continuing collaboration with the Slaight Centre for Youth in Transition to build capacity in evidence-based early psychosis care, 322 health care professionals and patients across Ontario completed Individual Resiliency Training online. [Read more about early psychosis care](#)



System adoption of TIDES (Trauma-Informed De-escalation and Education for Safety and Self-Protection)

- 5,111 staff completed training (2,113 received simulation-based learning). TIDES partnered with the University Health Network (UHN) to create a comprehensive education and implementation plan that includes customized curriculum development and a Train the Trainers series. This initiative will support UHN in sustaining TIDES training through UHN educators and clinicians to promote staff and patient safety. [Read more about TIDES](#)



Suicide prevention and the physical environment

- CAMH made changes to its spaces and buildings to keep patients safe and to promote respectful, compassionate and high-quality care for patients and their families. Piloted in two units, inpatient washroom doors were replaced with soft doors to create connection and a safer, caring environment for everyone. The pilot will continue in 2024–2025, with additions to improve suicide risk assessment and staff education for suicide prevention.

“Fantastic! Thank you for teaching us how to be safe and protect everyone from harm.”

— Participant, TIDES UHN training



Administer opioid overdose treatment using the contents of the naloxone kit.

Continue

CAMH's opioid overdose virtual reality training guides learners on how to identify an opioid overdose and administer naloxone. The scenario here uses the nasal spray naloxone kit.



Simulation-based virtual reality training to promote patient safety and quality care

- 260 health care professionals learned how to provide evidence-based opioid overdose emergency support; 89 per cent of learners were satisfied or very satisfied with this novel virtual training. The training was also featured in the *Globe and Mail* and in a CBC podcast.



Continuing professional development (CPD)

- 44,299 health care professionals attended CPD courses to build their capacity to deliver mental health and addiction services. [Read more about CPD courses at CAMH](#)



Extension for Community Healthcare Outcomes (ECHO)

- 2,127 health care professionals participated in interactive virtual education to build their capacity to support evidence-based mental health and addiction care in their communities.
- In collaboration with Shkaabe Makwa, ECHO expanded its services focusing on First Nations, Inuit and Métis communities to improve access to care. [Read more about ECHO](#)



Training Enhancement in Applied Counselling and Health (TEACH)

- 381 health care professionals received training (10 courses offered) to increase treatment capacity for tobacco cessation and other health interventions that support patients. [Read more about TEACH](#)



CAMH Library

- 11 unique courses that teach search skills were delivered to 1,069 learners; 12 research orientation sessions were offered to approximately 664 learners.
- Librarians partnered with 9 Extension for Community Healthcare Outcomes (ECHO) programs to research and present 309 topics that help health care providers across Ontario deliver high-quality, evidence-based mental health and addiction care. [Read more about the CAMH Library](#)

“The ECHO program was incredibly helpful by providing evidence-informed information, generous professional guidance through case presentations and the opportunity to connect and be part of a larger community of practice. I highly recommend ECHO programs as a way to learn, share resources, connect with other mental health professionals and stay current on the most recent information.”

—Participant, ECHO Ontario Mental Health

“This program has helped me better understand evidence-based cessation programming that I will incorporate into my role advocating improved cessation programming for lower income populations.”

— TEACH participant

“The book club offered us a chance to connect with people at CAMH outside our teams and departments. I haven’t experienced interdisciplinary conversation like this before and believe more of it is necessary if we are to transform health care.”

— Patron, CAMH Library

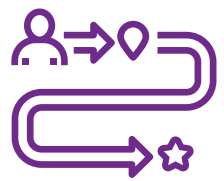
I support
an inclusive
CAMH

CAMH Medical Education Awards

Wednesday June 5, 2024



**ADVANCE
CARE**



**GET
UPSTREAM**



**LIFT
SOCIETAL
HEALTH**



DECEMBER 2022

David Goldbloom on his retirement, on his career, on psychiatry





GET UPSTREAM

- Build pathways for early interventions during critical moments across the lifespan to change the trajectory of illness and improve quality of life.
- Adopt a public mental health approach that focuses on health promotion, prevention of mental illness and early intervention.

Get Upstream in Education

Education programs across CAMH raise awareness and facilitate learning about early interventions, which promotes better outcomes for patients and families. We are also preparing the next generation of health care providers by ensuring they are equipped to adopt upstream approaches for supporting patients and families when the time comes.



Customer Service and De-escalation Training

- 1,407 staff from 29 organizations received training on mental health awareness, stigma and customer service de-escalation. [Read more about workplace mental health workshops](#)



Leveraging technology and social media to increase access to education

- [Quick Takes](#), a podcast for physicians, released 7 new episodes, with 2,372 downloads. Episodes of the podcast have been downloaded 19,078 times to date.
- CAMH Education videos have been viewed over 594,000 times and learners have watched over 36,000 hours of videos. Viewers accessed videos on YouTube and Vimeo and through online CPD courses.



The CAMH Simulation Centre hosts training for physicians on how to respond to a medical emergency.



Education Dashboard

- In collaboration with various teams under Education Integration, CAMH launched the Education Dashboard, which allows staff to view performance metrics and outcomes related to education at CAMH to inform continuous improvement. [See the Education Dashboard](#)

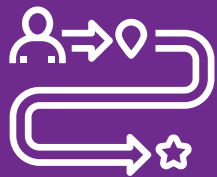


Growing the next generation of health care providers through student training and hands-on experience

- In partnership with various colleges and universities, the [CAMH Student Centre](#) supported 2,062 graduate and undergraduate student placements. These experiences helped students work toward their academic goals and get ready for the health care workforce.
- 45 seminars were delivered to students to promote interprofessional and collaborative education.



**ADVANCE
CARE**



**GET
UPSTREAM**



**LIFT
SOCIETAL
HEALTH**





LIFT SOCIETAL HEALTH

- Be transparent and resolute in addressing health disparities that people from structurally marginalized groups face.
- Ensure at CAMH that we are equitable, diverse, inclusive, accessible and anti-racist.
- Address the prejudice, discrimination and disparities that people with mental illness experience.

Lift Societal Health in Education

Education at CAMH ensures we amplify the voices of people with lived experience and meet the needs of marginalized groups. We use evidence-based health equity frameworks to train health care professionals and leaders in providing inclusive care and to empower patients and families as we strive to eliminate prejudice, discrimination and disparities.



Collaborative Learning College (CLC)

- In collaboration with people with lived experience, the CLC continued its scale-up by offering 70 courses, with 1,323 enrolments; 837 participants attended at least one session. [Read more about the CLC](#)



RBC Patient and Family Learning Space

- This interactive hub, where patients, families and the community can access reliable information about mental health, substance use and recovery, offered 149 webinars and events, with 2,495 attendees. [Read more about the PFLS](#)



Health equity, leadership development and workplace mental health and wellness promotion

- 108 health care staff at CAMH completed a Health Equity Certificate Program to learn how to apply health equity skills in the services they offer. In addition, 3,359 staff from various service providers registered for training with the Immigrant and Refugee Mental Health Project to build their health equity knowledge when responding to the unique mental health needs of immigrants and refugees. [Read more about the Immigrant and Refugee Mental Health Project](#)
- 1,370 CAMH leaders and employees completed workshops on workplace mental health and wellness, including the Dismantling Anti-Black Racism course. [Read more about workplace mental health workshops](#)
- 140 health care leaders across North America were trained on how to use the Health Equity and Inclusion Framework for Education and Training 2.0, an evidence-based model for creating an equitable and inclusive learning environment in education and training initiatives. [Read more about the framework](#)
- A continuing medical education framework was developed to challenge inequities in medicine and to integrate structural competency into physician leadership curricula. [Read more about the framework](#)



Shkaabe Makwa training and professional development

- 3,142 Indigenous health service professionals, educators, Elders and knowledge keepers participated in training on topics related to mental health, harm reduction and self-care to support First Nations, Inuit and Métis communities. [Read more about Shkaabe Makwa's workforce development](#)



Co-producing research and evaluation with people with lived experience

- The Collaborative Learning College research team is focusing on co-production, stigma and assessment with two key projects: a photovoice study on the impact of co-production and a psychometric tool for mental health and substance use settings.
- The research and evaluation teams, in partnership with the Canadian Mental Health Association, co-produced a national Recovery College metrics, making Canada the first country to achieve this.
- The work of these teams led to conference presentations and four published papers, including a best article of the month. The research team received the Best Oral Abstract Presentation Award at the 2024 Society for Academic Continuing Medical Education conference. [Read the article on the impact of co-production](#)

“Your insights, recommendations and facilitation is really making a difference. We sincerely appreciate collaborating with you.”

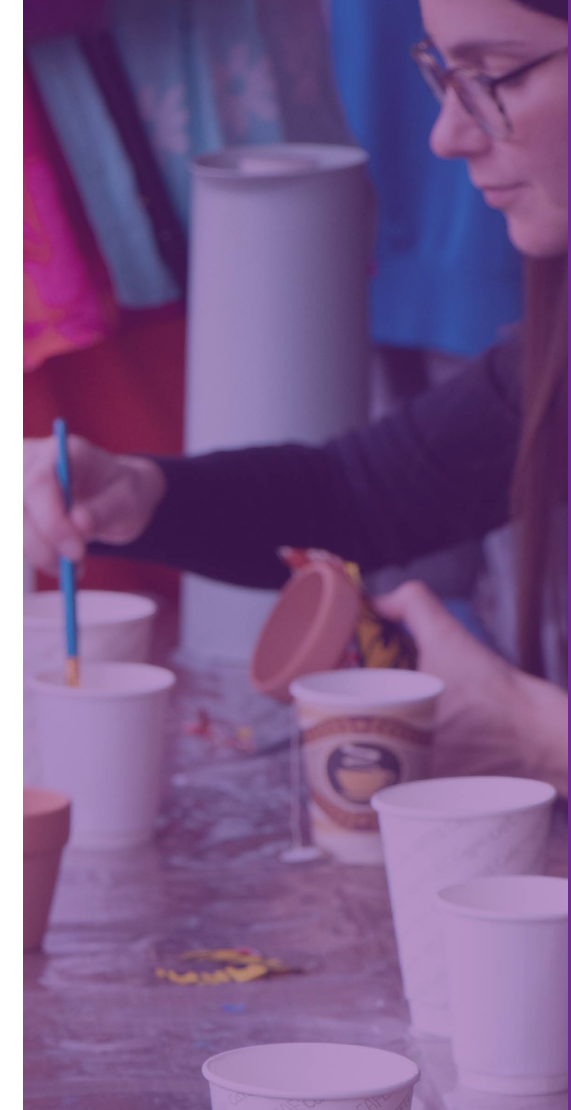
— Participant, Managing Mental Health in the Workplace for Leaders

“My awareness and goal setting and toolkit feels enhanced and full. Loved the teachings and metaphors. It feels so helpful and real to have genuine, compassionate and connected relevance to our culture, for those we support.”

— Participant, Shkaabe Makwa training

“I wanted to take a minute to thank our instructor for putting together a really healing course and creating a safe space for all of us to process our grief. I am taking tools and reading away with me, shared experiences, as well as an invigorated sense of environmental justice.”

— Student, Collaborative Learning College



BY THE NUMBERS

KEY ACHIEVEMENTS | 2023–2024

4,642

Non-CAMH staff and organizational leaders received training on mental health awareness, de-escalation and wellness

40

New education grants (\$3.46 million/year; 8 awards)

44,299

Health care professionals attended CPD sessions (including 5,918 simulation-based learners, 3,124 Indigenous participants)



2,062

College and university students did a placement through the CAMH Student Centre

82

Peer-reviewed articles

837

Attendees in 70 CLC courses

Peer-reviewed academic publications, grants and awards

- 82 peer-reviewed publications
- 40 new grants totalling \$3.46 million
- 8 awards

Program evaluation

- 74 pre-/post-evaluations to support internal and external programs, including evaluation support for the Ontario Association of Social Workers

Interdepartmental support services

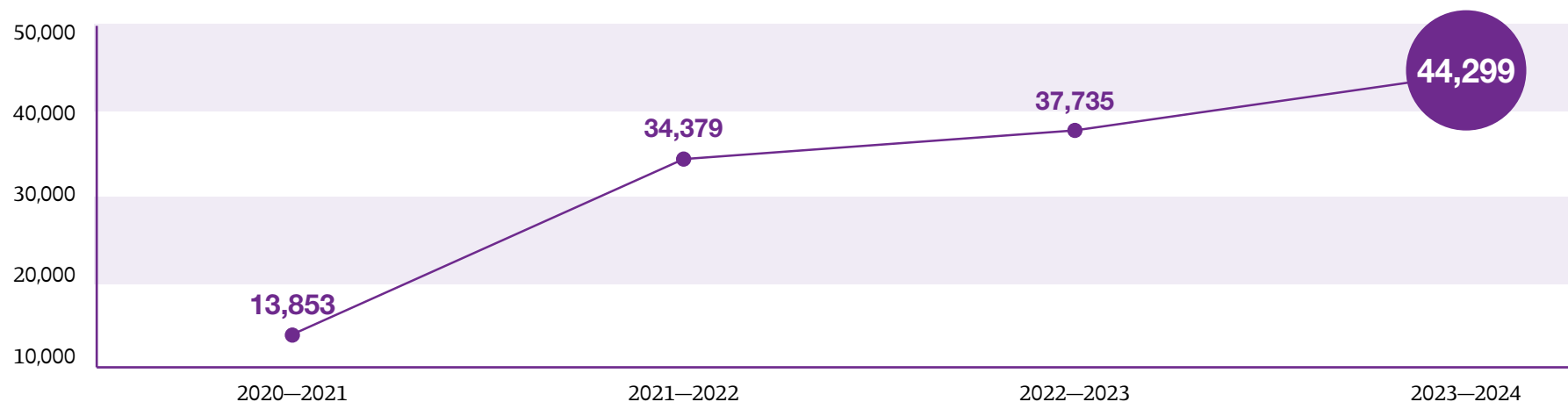
- 241 library searches (2,892 hours) to support and facilitate research, publications (with librarians as co-authors) and clinical practice
- 68,716 trainings completed in CAMPUS; 14 new online courses created in CAMPUS
- 1,350 CAMH staff received I-CARE training to support patients, families and health care teams via technology

Four-year comparison of key statistics

Number of ...	2020–2021	2021–2022	2022–2023	2023–2024
CPD learners*	13,853	34,379	37,735	44,299
Simulation-based learners*	1,273	1,808	3,192	5,918
Student placements	1,068	1,558	1,926	2,062
CLC courses/sessions	15 courses	85 courses; 296.5 course hours; 447 attendees	72 courses; 434 course hours; 722 attendees	70 courses; 494.5 course hours; 837 attendees
Publications and grants	53 peer-reviewed articles; 25 grants (\$1.74 million/year); 18 awards	55 peer-reviewed articles; 15 grants (\$2.31 million/year); 16 awards	64 peer-reviewed articles; 18 grants (\$3.4 million/year); 17 awards	82 peer-reviewed articles; 40 grants (\$3.46 million/year); 8 awards

* Learners are not unique and may have been counted multiple times based on their attendance in various courses.

Number of CPD learners 2020–2024



focused on CAMH learners)

Reconciliation Working Group

EDUCATION ACHIEVE



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If you have concerns or compliments about CAMH services:

Patient and Family Experience Office

416 535-8501 ext. 32028
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mental health is health

The Centre for Addiction and Mental Health (CAMH) is Canada's largest mental health teaching hospital and one of the world's leading research centres in its field.