camh connexions

Community events season is here!

We hope this newsletter finds you on a beautiful spring day, if not in reality, then at least in spirit!

Over the winter, we've been busy planning another exciting events season, and we're thrilled that warmer weather is finally here. For us, that means gathering together, listening to live music, supporting local businesses, and enjoying each other's company while helping reduce stigma around mental health and addictions. Without further ado, take a look at what's coming up!

Hippie Market

A family-friendly market featuring vintage clothing, artwork, small-batch goods, and light refreshments. Vendors donate a percentage of their proceeds from each market to CAMH's Gifts of Light program, which connects patients with wellness and recreational services and activities to improve their physical, emotional, and social well-being.

Join us from 12:00 PM – 6:00 PM on the following Saturdays: June 20, July 18, August 22, September 26, October 17

Find us at TD Commons

Unless otherwise noted, all events will take place in the TD Commons green space, located at the corner of Shaw and Queen Street.

(Cont'd)

Toronto Flower Market

Shop a wide variety of locally grown florals and plants, right in your backyard! A percentage of all proceeds will directly support CAMH's Gifts of Light program.

Join us from **10:00 AM – 3:00 PM** on the following **Saturdays**: **July 11**, **August 15**, **September 12**, **October 10**.

Sunshine Garden

Operated in partnership with Foodshare, the garden offers affordable and organic fruits, vegetables, herbs, and flowers, while also providing opportunities for patients to engage in horticultural therapy and learn about food production and urban biodiversity. All proceeds are reinvested in the Sunshine Garden.

All summer long, join us every **Thursday** at the **southwest corner of our Queen Street campus** (located behind Unit #3) from **11:30 AM – 1:30 PM**.

Learn more at camh.ca/SunshineGarden.

Queen St Marketplace

An affordable, low-barrier marketplace showcasing local emerging and established artisans. Depending on the vendors, you may find art prints, clothing, ceramics, jewelry, and more!

Join us from **11:00 AM – 5:00 PM** on the following **Sundays**: **July 5**, **August 16**, **September 6**, **September 13**, **October 4**.

Music in the Park

A free outdoor concert series hosted by CAMH's Gifts of Light, supporting patient wellness needs beyond clinical care. Open to the neighbourhood, come connect, unwind, and celebrate the summer with performances by local musicians.

Join us from **3:00 – 3:45 PM** on **Wednesday, July 15.** Visit camh.ca/redevelopment for upcoming dates.

Thank you for being part of our community, and we appreciate being a part of yours! We look forward to creating more meaningful memories together.

mental health is health

Feedback?
Leave us a voicemail at **416-535-8501 ext. 32245**, and we'll get back to you promptly. You can also still reach us at **redevelopment.feedback@camh.ca**.

An update on our redevelopment

In 2024, we launched the final phase of CAMH's historic redevelopment at our Queen Street site. Construction is underway on two new buildings:

- The **Temerty Discovery Centre**, a state-of-the-art facility opening in late 2027, will be dedicated to housing CAMH's groundbreaking research.
- The **Waverley House Secure Care & Recovery Building**, opening in 2029, will replace our current facilities for patients with complex mental illnesses who have encountered the legal system.

We have a dedicated webpage for all things redevelopment, including construction updates, community meetings, and upcoming events. Check it out at: camh.ca/redevelopment.

Upcoming construction activities:

- At **Temerty**, we've built our way up to level 8, and expect to reach level 9 (the roof!) in the coming months. We are constructing our curtain wall (the building's flexible glass exterior) to level 5 and will continue working on the building's interior finishes as the structure moves up.
- At **Waverley House**, we have reached level 8. We will continue structural and waterproofing work on the building's exterior envelope and interior finishes. *(You may smell some odors as this work ramps up, but please note that these scents pose no health and safety risks.)*
- Across both sites, crews will continue forming, rebar, and concrete work, utility installation, and heritage wall and shed refurbishment.

All redevelopment construction work will adhere to the City of Toronto Bylaws, which permit operation Monday to Friday from 7 AM to 7 PM and Saturdays from 9 AM to 7 PM. No noise-generating work will be completed on Sundays or statutory holidays.

Now at ROM — *Psychedelics: Art. Culture. Science*

Exploring the science, history, and cultural impact of psychedelics

We were pleased to advise the Royal Ontario Museum (ROM) on their new original exhibition, **Psychedelics: Art. Culture. Science**, which is on now and running until December 6, 2026.

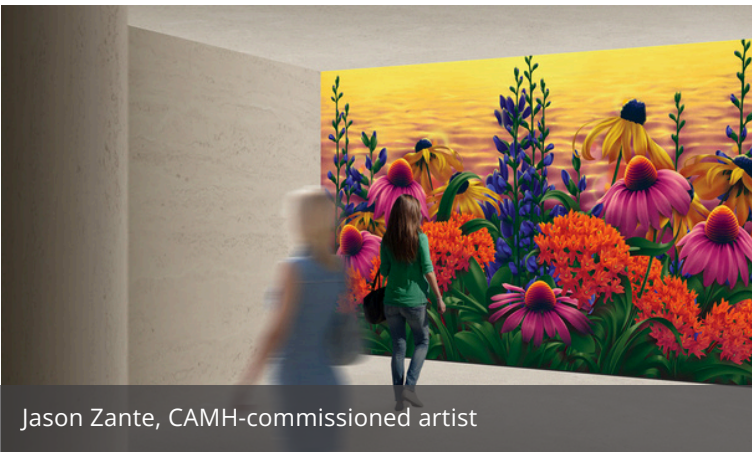
Through artworks, objects, botanical specimens, and interactive experiences, explore the scientific, historical, and cultural significance of psychedelic medicines, prompting reflection on their evolving meaning over time and where the evidence stands today.

Use the promo code CAMHROM for 15% off admission to ROM and *Psychedelics.* Learn more at www.rom.on.ca.

Announcing the winners of our Therapeutic Art Initiative

This spring, we announced the 28 artists selected for our Therapeutic Art Initiative. Their work will bring more than 50 art forms into the Waverley House Secure Care & Recovery Building and the Temerty Discovery Centre.

As Canada's largest mental health teaching hospital and a leading research centre, CAMH's Queen Street redevelopment is focused on creating spaces that support both care and discovery. A key part of that vision is integrating art directly into the buildings' design and finishes to create environments that support healing, improve wayfinding, and reflect our commitment to innovation.



Jason Zante, CAMH-commissioned artist

"What makes this project unique is that art is integrated into the building's construction and finishes, placing it at the core of our redevelopment," says **Kent Heise**, Director of Operational Readiness and Clinical Lead during the design of Waverley House. "Many patients in our forensic programs spend extended periods in care, so it's essential the environment supports dignity and recovery. Therapeutic art is an evidence-based approach to reduce stress, support mood, and improve the care experience for patients and families."

All artworks were carefully reviewed to ensure they are appropriate for clinical settings, considering imagery, colour, and placement to create spaces that are calming, non-triggering, and reflective of the communities CAMH serves. Artists collaborated closely with an art consultant, patients, and clinical teams, to ensure the works support moments of calm, strengthen therapeutic relationships, and balance privacy, safety, and welcome.

> ***"It's been an insightful process working with CAMH, and I'm grateful my work will be part of both a community and a care environment. I know that the integrated therapeutic art will transform the way we approach healing, and I hope it encourages more hospitals and care facilities to embrace art as part of the healing process."***
>
> — ***Tessa Shank***, *CAMH-commissioned artist*

Tessa Shank, CAMH-commissioned artist

Scan here for the full list of artists and to learn more about the initiative.

Sneak peek: the green spaces coming to our campus!

Green spaces have an essential role in supporting our well-being, offering moments of calm, connection, and restoration in a busy city. Spending time outdoors, whether that's strolling through a park or sitting among greenery, can help relieve stress, improve mood, and promote relaxation.

A key goal of our redevelopment is to create a campus that is open, welcoming, and connected to the city around it. Moving away from the closed-off institutions of the past, the design prioritizes accessibility and connection, with green spaces for patients, families, staff, and the community to enjoy.

Inside and surrounding our new buildings, we have thoughtfully integrated parks, terraces, gardens, and outdoor walkways. These spaces reflect our commitment to creating environments that feel grounding, restorative, and connected to nature—an important counterbalance in an urban setting.

Take a look at what's to come!

The walkway below will sit just outside the Temerty Discovery Centre, creating a welcoming pathway through and around our hospital grounds. Designed with connection in mind, it will bring people together while inviting moments of calm outdoors.

We've integrated greenery into the design of the Waverley House Secure Care & Recovery Building to create spaces where patients can safely and easily connect with the outdoors as part of their care experience within a secure perimeter.

And finally, **here's an overhead glimpse of our site from the northeast corner** (with Queen Street West and Shaw Street at the bottom right of the image). While we'll be planting trees around both of our new buildings, we're also bringing more greenery to TD Commons—the perfect setting to enjoy live music and shop local, don't you think?

Suiting up for better mental health care

This fall, CAMH is proud to be the beneficiary of the 2026 Support the Blazer campaign. This community fundraising initiative runs from October 15 to November 13, and people and teams across Ontario will wear the campaign's signature blue blazer as a visible sign of support while raising funds to ensure more people in our community can access life-saving care. When you register, you'll receive everything you need to make your campaign a success, including fundraising tools and personalized support. Learn more and register today at supporttheblazer.ca.

A new way to fundraise for mental health

Your reason to care about mental health is all your own - your story, your loved one, your drive to make a difference. Create a fundraiser that's uniquely yours, from a birthday celebration or bake sale to a run, tournament or creative challenge. Your event. Your style. Your reason becomes your impact, helping people access the mental health care they need, when they need it. This is your moment to own it. Get started at camh.ca/fundraise.

Continue the conversation online

Get our latest community and redevelopment news at **camh.ca/neighbours** and **camh.ca/redevelopment**.
Send your feedback on redevelopment to **redevelopment.feedback@camh.ca**.
To join our local community email list, please connect with **communityevents@camh.ca**.

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