# **SHELTERS**

## Where to go when you're looking for a bed in Peel Region



Updated: May 2024

If you're looking for longer term housing, see the "Housing" resource sheet.

## Looking for a Shelter

For all shelters, you can also call 311 to reach intake services.

#### Street Helpline Peel

Toll-free tel.: 1 877 848-8481

**Services:** Directs people to shelters in Brampton and Mississauga: men's shelter in Brampton, co-ed shelter and family shelter in Mississauga, youth shelter in Brampton (up to age 24), youth shelter in Mississauga (up to age

21), shelters for women victims of domestic violence

Eligibility: Varies by shelter, based on age, gender and need

Note: No pets

### Co-ed Shelters

## Salvation Army – Cawthra Road Shelter

2500 Cawthra Rd., Mississauga 211central.ca/record/73467838

Tel.: 905 450-1996

Services: Case management, housing and employment support, internet access, emergency clothing, laundry, AA

meetings

Eligibility: Single women and men age 25+ without children

**Note:** Transgender, non-binary and gender-diverse people will be placed on men's or women's floor based on

presenting gender

If any of this information is incorrect or outdated, or if there are additional organizations or programs that would be helpful to include, please email the information to us at access.resources@camh.ca.

This resource list is for information purposes only and does not constitute an endorsement by CAMH or guarantee any particular outcome.



#### Youth Shelters

#### Our Place Peel

3579 Dixie Rd., Mississauga 3458 Queen St. East, Brampton

www.ourplacepeel.org

Tel.: 905 238-1383 (Mississauga) Tel.: 905 791-2334 (Brampton)

info@ourplacepeel.org

Services: Emergency shelter, case management, housing search assistance, financial help, life skills and

employment training, referrals to community services

Eligibility: Age 16–21; LGBTQ+ friendly

#### Men's Shelters

### Salvation Army - Wilkinson Road Shelter

15 Wilkinson Rd., Brampton

www.centralwesthealthline.ca/displayservice.aspx?id=60135

Tel.: 905 452-1335

peelaccesstohousing@peelregion.ca

Eligibility: Men age 25+

Services: Shelter, food, clothing and laundry; employment and housing support; health clinics, mental health and

addiction support; life skills training, AA meetings, pastoral care

Note: Transgender, non-binary and gender-diverse individuals will be placed on women's or men's floor

according to their presenting gender

### Women's Shelters

### Ellen House Emergency Shelter

44 Peel Centre Dr., Brampton

www.efryhopehelp.com/how-can-we-help-you/adult-programs-resources/ellen-house-emergency-shelter-program

Tel.: 437 688-2634 efryhope@efryhope.com

Eligibility: Single women age 25+

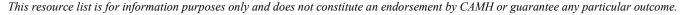
#### **Embrave Shelter**

Mississauga and Brampton (location provided after intake)

embrave.ca/programs-services/central-intake-line

Tel.: 905 403 0864

**Services:** Emergency shelter, safety planning, crisis counselling, referrals to other support and services **Eligibility:** Women, two-spirit, genderqueer, trans and non-binary people aged 16+ and their dependents **Note:** If cis-male dependent is over age 18, consultation with program manager is required prior to intake





### Salvation Army - Honeychurch Family Life Resource Centre

535 Main St. North, Brampton www.wcpreciousshelter.ca/intake

Tel.: 905 451-4115 help@flrc.ca

**Services:** Emergency shelter; crisis, individual and group counselling; assistance with legal services; housing support; food and clothing; parenting groups; computer training; activities and homework club for children; safety planning

Eligibility: Women age 16+ and their children who are leaving domestic violence

#### Women and Children Precious Shelter

Brampton (location provided after intake)

www.wcpreciousshelter.ca/intake

Tel.: 437 855-3301

wncpreciousshelter@gmail.com

**Services:** Emergency shelter; transportation to shelter; food, clothing and basic necessities; counselling; child and youth support; connections to community and legal resources; assistance in securing housing; wellness programs **Eligibility:** Women and their children

## Family Shelters

#### Peel Family Shelter

2935 Argentia Rd., Mississauga (temporary location) https://shipshey.ca/housing/peel-family-shelter-pfs

Tel.: 437 882-1908 info@shipshey.ca

Eligibility: Families, including those without documentation