### **Other Information About Me**

Things that I like to do to feel good:

#### Information about my medications:

### **Allergies:**

What I am allergic to:

What happens to me:

<u>Patients/Caregivers</u>: If you would like to provide feedback on how you used this tool, please contact the DD CARES team at: **ddcares@camh.ca** 





# **About Me:**My Health Information

My Information:		
My name:		
My birthday: Month	Day Year	
My address:		
My phone number:		
Other Information:		
I receive ODSP: yes no	For Staff: If yes, list of medications available in Drug Profile Viewer	
I live (choose one): in my own house/apt with family group home		
Who to call for help:		
Name:		
Phone number:		
Relationship to me:		
My family doctor:		
Name:		
Phone number:		

For Staff: \*medication and allergy information on back page

## How can you help me today?

A crisis plan may include de-escalation techniques and interventions. Ask caregivers for this information		
o	n have a crisis plan: yes	
🖰 Things I don't like:	🖰 Things I like:	
	Things that you can do to help me of Speak Slowly:    Nark an 'X' next to the standard of the	
If you have to do a medical procedure (e.g., needle, x-ray), these things might help:		
The best way to help me if I get upset is to:		
	If I get upset, I show it by:	
	الا الاس in pain, ا show it by:	
and Nurses is:	My biggest fear about seeing Doctors	

## Why am I here today?

trying to tell you?	
What is the behaviour	
noiteainummo <u>2</u>	Where does it hurt, or not feel well?
<u>B</u> ehaviour is	
II <del>∀</del>	
Remember ABC!	When did this start?
Bast trauma or abuse	
арои	What happened?
• Change in living situ-	Sheggggggd ted/M
• Change in roommate	Please fill out:
<ul> <li>Change in worker</li> </ul>	I'm nervous about being here:
• Change in routine	The manufacture of the construction of the con
Common Social Stressors:	:uied ni me l
• Ear infection	լ ցա ռեւλ ցսեւλ։
sənssi yıosnəs •	
st⊃e∰e	I san sad about something:
Polypharmacy & side	
• @EBD	but I don't know what:
onstipation •	Something is wrong,
Dental pain	
:aa ni səsonppib	l feel sick:
bəssim ylnommoɔ	
: Janivor i Ilinair 10 i	Mark an 'X' next to your reason(s):
For Health Provider:	

What do you think will help you feel better?