



Sarah Downey named President and CEO of CAMH

We're thrilled to announce that **Sarah Downey** has been appointed as President and Chief Executive Officer (CEO) of CAMH, effective September 6, 2022. Sarah is an experienced and visionary health care executive with a passionate commitment to mental health and addictions. She comes to CAMH from Michael Garron Hospital (MGH), where she served as President and CEO for seven years.

She is a widely respected health care leader with a strong track record of listening, partnering, and collaborating with diverse stakeholders. Sarah's approach is one that enables health care organizations to achieve their goals

through meaningful partnerships with physicians, staff, learners, patients, families, and the community. Sarah is deeply familiar with CAMH, having previously served as Executive Vice President, Clinical Programs, where she was responsible for the operations and performance of clinical programs, and chaired the Quality of Care Committee.

We'd like to thank **Tracey MacArthur** for her leadership and contributions as interim-President and CEO over the past year, and we look forward to the upcoming transition this fall.



Celebrating Pride at CAMH

Throughout the month of June, we were pleased to host a range of activities and events to recognize Pride Month and celebrate the diversity of our @2SLGBTQ2IA+ staff, patients and community.

We kicked off Pride Month by raising the Progress Pride flag at our Queen Street Site. While Pride Month is about celebrating the 2SLGBTQ+ community, it's also an opportunity to raise awareness and stand against violence & discrimination this vibrant community

continues to face. On June 20, we hosted Rainbow Day as part of our continued celebrations. CAMH staff, patients and visitors were invited to dance to some great music and indulge in sweet treats.

CAMH was thrilled to return to the Toronto Pride Parade and Trans March, along with hosting a booth on Church Street over the weekend. Thank you to our staff and volunteers who dedicated their time and efforts to making this month memorable, successful and fun!

Community Events

We're thrilled at the opportunity to invite our community back to CAMH. We hope you have been enjoying our summer events. We hope you'll continue participating in our other exciting events this year. Our community events will take place primarily outdoors in the TD Commons (1001 Queen St West). Please drop by the CAMH information table if you have any questions. At any time, health and safety circumstances could change. Look for changes or updates to our COVID protocols and event plans on www.camh.ca/neighbours.

Toronto Flower Market - The Toronto Flower Market provides an opportunity to celebrate and support Ontario-grown flowers and plants, where growers and florists can connect directly with the CAMH community. The market will be hosted in the TD Commons at Queen St and Shaw St. You can find the market open from 10:00am-3:00pm on the following days: September 10 and October 8.

Hippie Market Vintage Clothing & More - This summer and fall, join us at the TD Commons for the Hippie Market, a popular market featuring vintage wares, art, small local vendors and a live DJ! This market prioritizes sustainability and philanthropy, with a portion of all sales donated to a charitable cause. You can find the Hippie Market open from 12:00pm-6:00pm: September 18, October 2, October 23, and November 13.

Workman Arts Farmers Market - Join us for a feast of colours and flavours featuring over 20 organic farmers, artisanal food vendors and handmade crafts at the TD Commons. This event is hosted by Workman Arts featuring local providers in partnership with Foodshare. You can find the Farmers Market on September 4 from 11:00am-4:00pm.





NEW Creative on Queen - On September 24, join us for a Creative Art and Craft Fair hosted in sync with the West Queen West Art Crawl. We will be featuring art and crafts from local vendors with lived experience of mental illness and addictions. There will be music, food and great products to browse or purchase. We're partnering with Workman Arts artists, Sistering, West Neighbourhood House, and First Nations, Inuit and Metis groups.

National Day for Truth and Reconciliation - Throughout September, the CAMH Reconciliation Working Group will be offering multiple opportunities for ongoing learning, reflection and action to recognize the National Day for Truth and Reconciliation on September 30th. Events will be open to the community, including webinars and the raising of an Every Child Matters flag on campus. For more information, please check out our social media channels closer to September.

In-Person Tours - We are so pleased to welcome folks back for our in-person tours at the Queen Street campus. We traditionally host over 2,000 people a year, in groups of 10-25 for a 45 minute tour. We'll continue offering virtual tours of key features in our two newest buildings. To schedule a tour, please contact tours@camh.ca.

INNOVATION EXPO

Launching Digital Health Solutions

This spring CAMH, in partnership with The Royal Ottawa Health Care Group, hosted Innovation Expo 2022: Launching Digital Health Solutions. Teams from CAMH and The Royal competed for two \$50,000 funding prizes in a pitch-style competition in front of a panel of judges composed of healthcare and technology experts.

Now in its fourth year, the event is an incubator for community-led digital health innovations with a focus on transforming patients and families experiences with mental health and addictions health care. Previous winning projects include *Hope*, a mobile app with suicide prevention information, tools and crisis resources to support and guide individuals experiencing thoughts of suicide.

This year, we congratulate the CAMH Wise Minds team for winning the \$50,000 CAMH Prize, generously supported through CAMH Foundation's Gifts of Light program. Wise Minds will be a digital web portal of dialectical behavior therapy (DBT) resources co-created by patients with lived experience, and by clinicians who have a breadth of experience with DBT skills training. Wise Minds will leverage technology to improve access to DBT by focusing on micro-learning processing to reach audiences and explain DBT concepts and skills in five domains.



Congratulations winners from CAMH!



WiseMinds

INNOVATION EXPO

Launching Digital Health Solutions

May 18, 2022 | 10:00 a.m. – 12:00 p.m. | Virtual Event

Our Final Phase of Redevelopment

Finally after over two decades, we're now entering the fourth and final phase of our historic redevelopment. This phase, also known as 1D, will include two new CAMH buildings on the south portion of our Queen Street campus to replace existing facilities for patients with complex mental illness who have encountered the legal system, and to consolidate research in one state-of-the-art facility. Right now we are in a quiet phase while the behind the scenes planning is underway.

Redevelopment projects for hospitals and other infrastructure go through rigorous review and approval processes, including consultations with community partners, government bodies such as Infrastructure Ontario, and City of Toronto officials. The initial public consultation for the Secure Care and Recovery building occurred in September 2021 and the initial Research consultation was in June 2021. There will be many other opportunities to engage with us about this upcoming phase, including public meetings in 2023.

Here is an estimated timeline for the final phase of our redevelopment:

- **2022-2023** – Numerous submissions and applications to the Ministry of Health, City of Toronto, Infrastructure Ontario, and other partners. Relocation of some services to existing buildings to prepare for the future demolition of the community centre in 2023.
- **Late 2023/Early 2024** – Predicted groundbreaking for the next phase (Phase 1D). The old Community

Centre building will be demolished to create space for the planned Secure Care and Recovery building, and this is the expected start of construction.

- **2023-2027** – Ongoing construction work on the Queen Street campus for both buildings. This will include traditional construction and redevelopment activities that we've seen in previous phases using large machinery and construction equipment.
- **2027** – Predicted Grand Opening of two new CAMH buildings on the Queen Street campus to replace existing facilities for patients with complex mental illness who have encountered the legal system, and to consolidate research in one state-of-the-art facility. All construction activities and closures are expected to be complete.

We are not anticipating any construction, redevelopment, or noise until late 2023. In the meantime, we look forward to welcoming you back to our campus, having you join us once again for tours and exciting events, and using our new TD Commons green space.

As this process moves forward, we are committed to consulting and engaging with the community, as we have throughout each phase of our redevelopment. Further details about the next phase and images can be found on camh.ca/neighbours. If you have any questions about the next phase of redevelopment, please send them to redemption.feedback@camh.ca.



CAMH Collaborative Learning College

Looking for a space where learning is innovative, fun and free? The Collaborative Learning College (CLC) offers education and training programs to people who have had experience with mental health, substance use and/

or addiction challenges, and who feel ready to set goals, develop skills and make social connections as part of their personal wellness.

As an inclusive learning space, courses at the CLC are co-created and co-facilitated by people with lived experience of mental health, substance use and/or addiction challenges, and offers an inclusive and non-judgmental community for students that meet their educational needs. Going beyond the academic, the CLC's summer course calendar includes stand up comedy, creative writing, comic creation, facilitation training, and music appreciation.

Courses are offered on a rolling basis and are free. To learn more about the Collaborative Learning College and to register for courses visit clc.camh.ca



Mental Health Resources & Training

On our website, we share resources and offer trainings about **mental health, addictions, and mental illness.** If you are interested in learning more, please visit www.camh.ca/en/health-info/mental-health-101.

Continue the conversation online

camh.ca/neighbours

redevelopment.feedback@camh.ca

Please join our local community email list by emailing communityevents@camh.ca.



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