

camh Connexions



Dr. Catherine Zahn appointed as Ontario Deputy Minister of Health

Dr. Catherine Zahn has stepped down as President & CEO of CAMH to take on a new role as the Ontario Deputy Minister of Health. We are honoured to witness her appointment and know that this is an endorsement of our belief that mental health is health.

Catherine has led transformational change at the hospital and throughout the mental health system since 2009. Under Catherine's exceptional leadership, CAMH has improved access to treatment and care, become the top mental health research centre in the country, and our transformational redevelopment has met incredible milestones with new, dignified and inspiring spaces.

On September 7th, **Tracey MacArthur** stepped into the role as President & CEO for the coming year. Tracey, previously CAMH's Senior Vice President and Chief Operating Officer, has been a member of the Executive Leadership Team at CAMH for the last decade. She has worked in academic healthcare for 25 years, arriving from University Health Network where she held increasingly senior leadership roles. In all of her hospital roles, she has demonstrated a deep commitment to the academic mission of excellent patient care, research, and education.

Our commitment to our strategic plan One CAMH will remain consistent during this phase of leadership transition.

camh

mental health is health



CAMH's COVID-19 Vaccine Clinic celebrates 20,000 recipients

In August, our vaccine clinic celebrated our **20 thousandth vaccine** recipient! We are proud to have contributed to the health and safety of our local community through the provision of COVID-19 vaccines at our onsite and pop up clinics, and have heard from many of our neighbours who got their vaccine dose at CAMH. Our clinic remains open from Tuesday to Thursday. Please check our website for bookings including specialized needlephobia clinics. Thank you to the amazing staff who continue to work hard to deliver compassionate care amidst COVID-19. We look forward to continuing to work together to keep everyone safe.

20,000th
COVID-19 Vaccine Administered!

One CAMH > COVID-19 VACCINE



CAMH leads the way in global mental health research with redevelopment proposal

CAMH is proposing the construction of a new research centre as part of our most recent phase of redevelopment. The proposed research centre consists of 7 stories of space and will consolidate current CAMH research from across the city into one centralized location.

As Canada's leader in mental illness research, CAMH aims to inspire hope through groundbreaking discoveries. We are working to revolutionize the understanding of the brain as well as the causes of and treatments for mental illness. We are transforming the way we do research so that all CAMH patients and staff have a role in advancing discovery, and we will continue to use evidence to drive system improvements and social change to optimize care for all. We want to help people see mental health for what it really is: health.

This building is essential to our long-term plan to integrate clinical, research, education and advocacy on

one central campus. As a global leader in mental health research, we know that with the construction of this new facility we can continue to be at the forefront of research discoveries and developments that will improve the lives of those living with mental illness.

Community consultation is crucial to every phase of the redevelopment process. A community meeting with the City of Toronto was hosted on June 15th, 2021 for early design review. We anticipate it will be a couple of years before approvals are in place and any construction begins. We will host further community consultations in the coming year. We will continue to share updates on our website through the 'For Our Neighbours' and 'Redevelopment' pages as the planning continues.

To learn more about the latest research out of CAMH, check out and subscribe to our research e-newsletter, **BrainBuzz**.



Highlight: Therapeutic art installation project, Simon Shimout

CAMH patient **Simon Shimout** (aka Napayok) was the artist behind the winning design for the CAMH Therapeutic Art Installation project, an 18-foot long sequence of nine tiles carved from Algonquin limestone now embedded in one of the walls in the lobby of the newly opened McCain Complex Care & Recovery Building.

Like many Indigenous artists, Simon sees his creations as a form of storytelling. He describes the nine tiles, all of them containing imagery derived from his Inuit culture, as like chapters in a book, each one telling an aspect of his journey of transformation and recovery.

“The eagle is flying high, watching out for other people, keeping an eye on them and making sure they are safe,” says Simon.

The overall theme of the piece, he says, is transformation.

“The idea of transformation is one that comes from our spiritual beliefs,” he explained in his successful submission to the art project jury. “We are human and yet we may also possess qualities of other creatures. I will be drawing on these traditions to convey a sense of my own journey to inspire and give hope to others. The carvings incorporate the visual language of my people... as symbols of my own resilience, transformation and recovery.”

Simon says that his work as an artist has been a core part of his recovery at CAMH. This is Simon’s first art competition and first public work.

“Doing this project helped me with my mental health,” says Simon. “I’m more stable now, working with my team at CAMH and using my coping skills. I hope this artwork will give inspiration to all who see it and also demonstrate my thanks to everyone at CAMH who helped me on my personal journey.”

CAMH redevelopment update: Forensics building

Part of the fourth and final phase of our redevelopment project is to replace CAMH's existing facilities for those patients with complex mental illness who have encountered the legal system. The current space is an old, institutional building that was not purpose-built for modern concepts of forensic health care. If you walk on site, these are the 1960s era concrete structures near the back of the property. CAMH is mandated and funded by the province to provide forensic health care. This new facility will replace existing capacity and will help us to better support our patients in their recovery, ultimately making our community safer and healthier.

Early stages of planning for the new facility are underway, and construction dates are not yet known, but could start in late 2023 or early 2024. As this process moves forward, we are committed to consulting and engaging with the community, as we have throughout each phase of our redevelopment. We will post further information on camh.ca/neighbours. If you have any questions about the next phase of redevelopment, please send them to redemption.feedback@camh.ca.

New retail on Queen Street

We are very pleased to welcome four new businesses to the lively stretch of Queen Street West in our recently completed new buildings. These new neighbours are part of our commitment to our retail strategy plan developed in consultation with the community.

of Canada. They have formed partnerships with major popular culture brands in Canada, such as the Toronto Blue Jays and the Juno Awards.

COMING SOON!

📍 **Moffer Coffee** - Moffer Coffee is an Ethiopian family-owned shop specializing in ethically sourced coffee, roasted daily on site. They have a gorgeous end unit overlooking the park, and Milkyas and his staff would be glad to welcome you.

📍 **Out of This World Cafe** - We are thrilled to share that a wonderful new cafe will be opening later this year. This social enterprise cafe is fully operated and staffed by people with lived experience of mental illness and is an expansion of CAMH's partnership with Working For Change. All of the retail food locations on CAMH's campus are operated by this social enterprise.

📍 **Fall Pop-Up Peace Collective** - Peace Collective is a Canadian clothing and lifestyle brand and is part of the charitable group Peace Foundation, whose philanthropic efforts operate as a one-for-one model, with each purchase leading to a donation going directly to a Canadian in need. Notably, causes they support include CAMH, SickKids, and the Food Banks

📍 **ImPerfect Eats** - This innovative restaurant brings a mandate of healthy, delicious food and a goal of zero waste by using 'imperfect' food that often otherwise goes to waste. We're thrilled for the opportunity to bring great food and sustainability to our Queen Street campus.

Moffer Coffee





RENDEZVOUS WITH MADNESS FESTIVAL

OCT 28 – NOV 7

#RWMFEST | #RWMFEST21 | WORKMANARTS.COM

Rendezvous with Madness Festival (RWM)

Coming in October. Please join us for The **Rendezvous with Madness Festival (RWM)**, the longest running and largest mental health arts festival in the world. The festival presents local, national and international work exploring themes of mental health and addiction issues. RWM is a multidisciplinary event that includes visual art, performance, music, theatre and dance in addition to its core emphasis on media arts, panel discussions and in-conversation events. RWM is one of the signature events from Workman Arts – an independent CAMH partner organization.

RWM 2021 will take place October 28 – November 7, with both online and in person events at the CAMH Auditorium. Please join us!

For more information, please visit:

<https://workmanarts.com/rendezvous-with-madness/>

Thank you!

This phase of the CAMH Redevelopment Project is almost complete.

Thank you for your patience and support.

We look forward to welcoming you into our new buildings and celebrating the transformation of mental health care with you!

Continue the conversation online

camh.ca/neighbours redevelopment.feedback@camh.ca



camh



camhnews



camhTV



camhnews



camh



camh podcast